



Eltham High School



Community News

TERM 3 / WEEK 9
Tuesday, 11 September 2018

DATES TO REMEMBER



2018

Wednesday 12 September
Year 7 Sustainability Expo at 6:30pm

Thursday 13 September
Celebration Concert 1 at 7:30pm

Monday, 17 September
Celebration Concert 2 at 7:30pm

Friday 21 September
Last Day of Term 3 - 2:30pm finish

Wednesday, 12 September

Year 7 Sustainability Expo at 6:30pm

Thursday, 13 September

Celebration Concert 1 at 7:30pm

Monday, 17 September

Celebration Concert 2 at 7:30pm

PRINCIPAL'S REPORT

Student Achievement:

BrainSTEM

I am pleased to announce that Eltham High School has three teams in the current round of BrainSTEM.

Twelve of our students are currently engaged in a six week STEM (Science, Technology, Engineering, and Mathematics) program (one day per week) in collaboration with Swinburne University, BrainSTEM and a number of industry partners.

Our students work with a focus on innovation and the application of knowledge and research. Each team will come up with a product or process that either has never been invented before or is much improved on a previous iteration.

Whilst back at school, students are supported by a team of our Science and Mathematics teachers who act as mentors and coaches.

Eltham High School has been involved with BrainSTEM since its inception and we are very grateful for the wonderful opportunities and challenges afforded to our students. I know that there will be a great deal more to report on as our students' work progresses over coming weeks.

Australian Scout Medallion

Congratulations to **Lukas Skaife (Year 9, Everard House)** who was recently awarded the Australian Scout Medallion. Lukas is part of the Macleod Venturer Unit. To attain the top award in each of the five sections in Scouting reflects initiative in tackling this challenge, sustained effort over many months and years, plus self-discipline, teamwork, and leadership.

Only a small percentage reach this level. These are the top achievers among Scouting's 47 million members globally.

The learning achieved through organisations such as the Scouts is comparable to that achieved through formal learning at school. Well done Lukas!

Eltham Music

Congratulations to all our students, Music Director, Ensemble Directors and Instrumental Music Teachers who over the past couple of weeks represented our school at the Royal South Street Festival, which for us culminated with the Symphonic Band's outstanding performance on Saturday night, 8 September.

The following are the results for 2018:

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SCHOOL CALENDAR

SEPTEMBER

Tuesday 11

- Training Band Extended Rehearsal for Celebration Concert

Wednesday 12

- Year 7 Sustainability Expo at 6:30pm
- Year 12 Literature Seminar - Guest Poet Period 4
- Junior Jazz Band Extended Rehearsal

Thursday 13

- Year 11 English Live Drama Performance The Crucible - Period 1 and 2
- Year 11 Language Seminar - Period 2
- Year 11 Literature Screening and Seminar Period 1 and 2
- Year 10 Maths Games Day
- Year 7 Round Robin Futsal
- Year 7 Round Robin Table Tennis
- Year 7 Round Robin Basketball
- 2018 Music Celebration Concert 1 at 7:30pm
- Year 9 Recreational Ten Pin Bowling

Friday 14 - Sunday 16

- Year 12 Outdoor and Environmental Studies - Mitchell River Rafting

Monday 17

- Year 12 Assembly - Police Presentation Party Safe - Period 4
- 2018 Music Celebration Concert 2 at 7:30pm

Wednesday 19 - Thursday 20

- Senior Drama Performances

Thursday 20

- Year 12 English Seminar English Exam Revision - Period 1
- Year 9 Recreational and Active Girls - Ice Skating
- Studio Arts Art/Photography UnitMOMA at NGV Excursion

Friday 21

- Last Day of Term 3 - 2:30pm Finish

Saturday 22 - Saturday 29

- New Caledonia French Study Trip

OCTOBER

Wednesday 10 - Friday 12

- Duke of Edinburgh Award Adventure Journey

Thursday 11

- Year 11 Exam Preparation Seminar ATAR Notes - Period 1

Ensembles that were Awarded First Place in their Sections:

Concert Band
Intermediate Band
Jazz Band
Junior Strings

Ensembles that were Awarded Second Place in their Section:

Symphonic Band

The adjudicators for this section took close to 40 minutes to arrive at their decision. The performances of the top three bands were outstanding and I would go as far as saying that it would have been difficult to distinguish between the top two bands. If there were a possibility of two first places then we would have been there. However, a decision had to be made and Blackburn High School snuck in at the post. The difference in scores was one point. I also congratulate all students in the Blackburn High School Symphonic Band and their director, Jemima Bunn, for an outstanding performance.

I am very proud of our Symphonic Band's performance, but even more of every player's humility and acceptance of the outcome. They know well that they had a very challenging repertoire and that they played it beautifully with a high level of energy, accuracy and musicality.

When an ensemble performs at this level the order of achievement becomes almost irrelevant.

Ensembles that were Awarded Third Place in their Section:

Stage Band

Senior Strings

Choir and Intermediate Strings performed extremely well, and we are very proud of their achievements.

2018 was another year of outstanding music and achievements on the part of everyone involved.

I look forward to seeing you all at one of our Celebration Concerts.

Pick-My-Project Initiative

The Pick-My-Project initiative, "Keeping Eltham Evergreen" aims to plant 265 trees and re-vegetate the Eltham Town Centre (with Nillumbik Council as a partner and community input). To be selected for actioning you must vote for the project on the following website. Anyone over the age of 16 can vote. A number of other projects are also on this site and you can vote for your favourite one:

<https://pickmyproject.vic.gov.au/>

A flyer outlining the "Keeping Eltham Evergreen" project is included in the community section of this newsletter.

Do get involved!

Sporting Precinct Development

Over the next few weeks, you will see the landscape around the school change once more. As the contractor (the Lloyd Group) takes charge of the building site, you will see eastern side of the school become adorned with builders' sheds, equipment and fences. I am told that the overall time for the project completion is 165 days but depending on contingencies, this could extend further out.

It will be a rather difficult time over the next few months as we consolidate our student body on only two thirds of the available land space in the school. Sporting programs will also be challenged, as we will not have access to either the tennis courts or the front oval. On occasion teachers will need to take their students to the Susan Street oval for their sporting activities. Whilst it will be challenging, I know that with everyone's cooperation and patience we will be able to overcome the obstacle of less space for much improved sporting fields and play areas in the near future.

I will keep you informed of progress as we proceed with the project.

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VINCENT SICARI, Principal

Sunday 14 • Working Bee
Monday 15 - Tuesday 16 • Year 11 Outdoor Ed Otways and Bushwalking
Monday 15 • Year 12 Media Film Screening • VCE Extended Investigation Oral Exams
Tuesday 16 • Young Workers Outreach Program - Year 9 B, C and H - Period 1 • Young Workers Outreach Program - Year 9 A, D and K - Period 2 • Real Industry Job Interviews Program for Year 9 and 10 • Year 9 English Live Drama Performance Romeo and Juliet - Period 4
Wednesday 17 • Last Day of Year 12 Classes
Thursday 18 • Year 12 breakfast and Formal
Friday 19 • Curriculum Day (No Student Attendance) • Inter Futsal Finals
Monday 22 • SSV Athletics
Wednesday 24 • NMR - Year 8 Girls Table Tennis
Thursday 25 • Hands on HEADSS Workshop
Friday 26 • Art and Technology Show Opening

ASSISTANT PRINCIPAL'S REPORT

SMS Alerts to Parents

From the beginning of Term 3, all Victorian Government schools must contact parents/carers as soon as practicable on the same-day of an unexplained student absence.

More information on this policy can be found on the Department's website and the Eltham High School Attendance Policy can be found on our school website.

We will be utilising the Compass Attendance SMS feature to alert parents/guardians in two ways:

1. You will receive an SMS at approximately 10:00am indicating if your child has not arrived at school. This sms will contain a one time link to approve the absence.
2. You will receive an sms at approximately 3:30pm if your child has not been present for any class or activity during the day, which has not already been approved. This will give you a summary of the attendance for the day and will also include a one time link to approve any absences.

As this is a new process for our school an email account sms@elthamhs.vic.edu.au is available for any feedback or comments.

.....
DARREN SQUIRES, Assistant Principal

NAPLAN

NAPLAN Results

NAPLAN results for students in Year 7 and 9 have now arrived. These were delayed across Australia by the NAPLAN Data Service this year as they worked to match online and paper based test results.

Over the coming week the school will be posting NAPLAN results to parents in Year 7 and 9. We would hope that you would have the results by the end of term, pending delivery through Australia Post regular mail.

If you have not received your child's results by the start of Term 4 please get in contact with the School.

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LOREN CLARKE - Curriculum and Data Leader

GROWTH MINDSET

Home/School Partnership Forum

At Eltham High School we believe supporting our students to develop a growth mindset will provide them with greater opportunities for success in the future and as such, have been promoting the development of a growth mindset at school. However, recent research by Anders Ericsson shows that 'growth mindset is only half the solution, you need a deliberate practice mindset too'.

All families are invited to a next Home/School Partnership Forum in which we will discuss 'how to promote a growth mindset and deliberate practice among our children'. This forum will take place on:

Tuesday, 18 September - 6.30pm
Eltham High School 100s area

This forum will delve into Anders Ericsson and Robert Pool's research on deliberate practice. We will look at how experts in competitive areas such as music, ballet, and chess achieved success and what kind of practices they used to become an expert. Those practices include going out of one's comfort zone, specific goals and target practice, feedback, and effective mental representations. We will learn about this research, and discuss how we can help our children build up a deliberate practice mindset, establish positive learning habits and become an expert in an area of their interest. This cannot be achieved without their parental/guardian's support.

An extract from the book 'Peak' by Anders Ericsson and Robert Pool can be found at the following link:

Exclusive: 'Growth mindset is only half the solution, you need a deliberate practice mindset,

CANTEEN ROSTER & MENU

ROSTER FOR AUGUST 2018

Wednesday

- Volunteer Needed

Thursday

- Volunteer Needed

Friday

- Volunteer Needed

Monday

- Volunteer Needed

Tuesday

- Volunteer Needed

If you would like to volunteer for our canteen please send your email address and availabilities to our Canteen Manager, Carolina Constable at:
cob@elthamhs.vic.edu.au

too'

<https://www.tes.com/news/exclusive-growth-mindset-only-half-solution-you-need-deliberate-practice-mindset-too>

To register your interest in attending this Forum, please go to:

<https://www.trybooking.com/book/event?eid=418506&bof=1>

Please do not hesitate to contact Melissa Hughes at huh@elthamhs.vic.edu.au or by telephone on 9430 5270 if you would like further information.

CHIZUKO INOUE-ANDERSSON, Instructional Practice Coach

JUNIOR SCHOOL

Year 7 Expo Evening

Across 2018 in Integrated Studies, students have been working towards understanding how to research and to think in a sophisticated and critical way about complex ideas. The culmination of this work is an Inquiry Project on an aspect of Sustainability.

You will have noted in the newsletter this term that all Year 7 families are invited to our Sustainability Expo in Week 9 to see the students present the work that they have developed in Integrated Studies and as a culmination of the work that they did on Year 7 camp.

Details of the evening are as follows:

Date: Wednesday, 12 September 2018

Time: Starting at 6:30pm and finishing at 8pm.

Location: 100s space, enter via the Front Office.

Please contact Melissa Hughes by email at huh@elthamhs.vic.edu.au if you have any questions about this event.

We look forward to seeing you there and celebrating your child's success.

MELISSA HUGHES, Junior School Team Leader

MIDDLE SCHOOL

Sports For Schools Journey

A big thank you to our Eltham High School Community!

Our Coles Sports for Schools order has just arrived! Six large boxes filled to the brim with all manner of amazing sports equipment for our Junior School and Middle School students to use. This was a fantastic community effort and we very much appreciate it.



ROSS MCKINNON, Middle School Team Leader

ELTHAM HIGH SCHOOL CLUBS
WHY NOT GET INVOLVED!

Drama

When: Wednesday (Junior)
Thursday (Senior)
Location: 111 Drama Space
Time: 3.20pm – 5.00pm
George Franklin
Drama Teacher

Scrambled Prince Workshops

When: Tuesday
Location: 111 Drama Space
Time: 3.20pm – 6.00pm
George Franklin
Drama Teacher

Interschool Debating Team

When: Monday Lunchtime
Location: Room 301
Madeleine Griffeth
Debating Coordinator

PRISIM

(People - Respecting - Individual's -
Sexuality - Identity - Movement)
When: Thursday Lunchtime
Location: Student Services
Louise Heathcote
Student Services Leader

**Tournament of Minds
(Year 7 - 10)**

When: Tuesday Lunchtime
Location: Room 154
Loren Clarke & Naomi Edrees
Tournament of Minds Coordinators

Eltham High School Environment Group

When: Wednesday Lunchtime
Location: Room 154

Pottery Club

When: Friday Lunchtime
Location: Room 602
Donna Ayres
Technology Teacher

Language Conversation Club

When: Friday Lunchtime
Indonesian Club: Room 610
French Club: Room 612
Catherine Considine
Languages KLA Coordinator

SENIOR SCHOOL

VTAC App

Year 12 students are asked to download the VTAC app. on the App store or via Google play. Students will be able to search for courses, access their ATAR and offers.

SEAS applications

<http://www.vtac.edu.au/applying/seas.html>

If applying for Special Entry Access Scheme (SEAS) students must enter one course preference to commence this process. If students are seeking a statement of support from a medical practitioner or treating specialist it is advisable to arrange the appointment. Additionally, if students will be requesting a statement of support from their respective coordinator or teacher this must be completed by the last day of Term 3 Friday, 21 September, 2018.

The closing date for applications to VTAC with supporting documentation is Friday, 12 October 2018.

Open Days 2018

Access the web link below to find out the scheduled days and times of the Tertiary Institution Open Days.

<http://www.vtac.edu.au/opendays.html>

Students are advised to create a shortlist of the institutions they wish to visit, access the institutions' open day programs from their website and attend the information sessions of interest.

Critical dates

Performance and Languages oral examinations and Extended Investigation oral presentations	Monday, 8 October - Sunday, 4 November 2018
Languages (CCAFL) written examinations	Tuesday, 23 October 2018
Auslan examination	Wednesday, 24 October 2018
2018 VCE written examinations	Wednesday, 31 October - Wednesday, 21 November

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ANNA PANAS, Senior School Leader

ENGLISH

Anthology

Have you produced a piece of writing that is great, taken a photo that you're incredibly proud of, produced a work of art that is amazing, or written something that is truly phenomenal?

Want the chance to have it published in the Anthology? Then send your great creative work to: for@elthamhs.vic.edu.au

Please be quick though. We cannot accept any submissions after the end of term 3.

.....
STEVE FORD, English Teacher

EXTRACURRICULAR CLASSES & TUTORIALS

Eltham High School Swim Squad

When: Thursday
Location: Watermarc
Time: 7.00am – 8.00am
Phil Boyd

Eltham High School Swimming Club
Coordinator

Eltham High School Anthology

When: Tuesday
Location: Room 302
Time: Lunchtime
Steve Ford

Eltham High School Anthology
Coordinator

Eltham High School STEM Club

When: Every second Wednesday
Location: Room 902
Time: Lunchtime
Anam Javed

Eltham High School Science
Coordinator

MUSIC

Eltham Mudbrick Tour 2018 - Call For Volunteers

Calling parents, teachers and alumni students!

The Eltham Mudbrick House Tour is Eltham High School Music Program's biggest annual fundraiser, and helps buy the larger instruments some students play. We need lots of volunteers on the day to help man the houses, drive minibuses, take tickets, and sell refreshments. It's a fun way to engage with and support our school community.

If you are able to spare a morning, an afternoon or the whole day, and/or can supply homemade light savory snacks or cakes for sale, please complete the 2018 Mud Brick Tour Volunteers google document by copying the link below into your web browser. We will liaise with you directly.

<https://goo.gl/forms/do1KBsbRDhfYDaJg1>

If you have any queries please email nio@elthamhs.vic.edu.au

This year's Tour takes place on Sunday, 21 October 2018, starts at Montsalvat, and gives the public the opportunity to view five awesome Mudbrick houses around Eltham, as well as watch the ensembles play in the Barn Gallery.

For more tour details see <http://www.elthammudbricktour.org> and join us at

www.facebook.com/ElthamMudbrickTour



String Ensemble at Royal South Street

Volunteers required for the 2018 Celebration Concerts

The Friends of Music need some parent volunteers for a number of roles to help run the two Celebration Concerts at our school's Performance Centre and we hope you can help out.

The concerts will both start at 7:30 pm and be held on Thursday, 13 September and Monday, 17 September.

The concerts are an opportunity for our family, friends and community to experience the current ensemble's repertoire. The concerts are also an opportunity to raise funds for our Music Program, and there will be a raffle at each concert and refreshments in return for gold coin donations.

The volunteer roles require a commitment from before the start to after the concert finishes. Note that some volunteers (stage crew, ushers) will not require a ticket for the concert, but will also not be able to sit with family/friends as they sit/stand at the sides of the hall. If you have already bought a ticket and are assigned one of these roles, please either pass your ticket onto family/friends or we can arrange a refund.

Here's a short summary of tasks and numbers needed to make things go smoothly.

Total of 27 Volunteers needed for each concert, all to start at 6:30pm

2# Carparking: Need tickets

Before the concert starts:

- Direct cars to park efficiently behind the basket ball courts

8# Stage hands: Do not need tickets

Before the concert starts:

PARENT INFORMATION

2018

Term 3:

Starts 16 July
Finishes 21 September

Term 4:

Starts 8 October
Finishes 20 December
(dependent on year level)

- Help final stage set ups
 - Familiarize with the different band/ensemble set ups
- During the performance:**
- Help set-up and re-set stage (chairs, music stands) for each band as required
- After the concert:**
- Help pack up

4# Front of House/Raffle: Need tickets

Before the concert starts:

- Set up and man the ticket desks and check/sell/give out tickets
- Sell raffle tickets

During the first 15-20 minutes:

- Continue to man the ticket desk for latecomers

At the interval:

- Sell raffle tickets, assisted by Sympho' students

After the concert:

- Clear away desk, check foyer for left bags, rubbish etc.

8# Ushers/Hall tidy up: Do not need tickets

Before the concert starts:

- 2 x 2 to man the Performance Centre doors, answer queries; check tickets; encourage audience to be seated in good time for the concert
- 2 x 2 to direct the audience to their seats within the performance space

During the First Half:

- 2 x 2 to ask latecomers to wait, then assist them to their seats at breaks in the performances.

During the Second Half:

- 2 x 2 to assist people to/from their seats at breaks in the performances.

After the concert:

- All to check for unclaimed property and rubbish from seated areas after concert

5# Refreshments: Need tickets

Before the concert:

- Set up tables for tea/coffee/cakes/biscuits etc. in the Study Centre space before concert;

At the interval:

- Run the refreshments during the interval;

After the concert:

- Clear and tidy up the Study Centre area

Volunteering at the concerts is a lot of fun and really shows support for our musicians.

Please email our Secretary, Duncan Butler at FriendsOfMusic@elthamhs.vic.edu.au if you are able to take on one of the volunteer roles, indicating:

1. Which Concert? – Concert 1 and/or Concert 2
2. Your preferred role - We will try to assign you your preferred role where possible; it will be on a first come basis though!
3. Your contact details, email and mobile number, so we can let you know which role.

Friends of Music

2018 Music Celebration Concerts Tickets Now on Sale

Tickets for the Eltham High School 2018 Music Celebration Concerts are now available. If you would like to attend tickets can be purchased through Trybooking.

There are two concerts being held at the Nallejerring Performance Centre at Eltham High School. The first concert is on Thursday, 13 September and the second on Monday, 17 September both starting at 7:30pm.

A list appears below of which ensembles are performing at each concert. Please click

GROUNDS COMMITTEE COMMITTEE MEETINGS AND WORKING BEE DATES

2018

Working Bee Dates

- 14 October 2018
- 18 November 2018

Committee Meeting Dates

- 4 October
- 8 November

ELTHAM SPORTS TIMETABLE

SEPTEMBER

Sunday 02 - Friday 07

- Year 9 and 10 Ski Camp

Wednesday 05

- Northern Metropolitan Region - Athletics Sport

Thursday 13

- Year 7 Round Robin Futsal
- Year 7 Round Robin Table Tennis
- Year 7 Round Robin Basketball
- Year 9 Recreational Ten Pin Bowling

Friday 14

- Year 12 Outdoor and Environmental Studies - Mitchell River Rafting

Thursday 20

- Year 9 Recreational and Active Girls - Ice Skating

on one of the following links to purchase tickets. Ticket prices are: \$20.00 per Adult and \$10.00 per Child (if still at school) and \$10.00 for Concession tickets.

<https://www.trybooking.com/XSPL> and <https://www.trybooking.com/416817>

Bookings through Trybooking will close at 3.30pm on the afternoon of each concert.

Please note the date which your child's ensemble will be performing.

Thursday, 13 September Ensembles Performing at Celebration Concert 1

7:30pm Symphonic Band – Conductor: Rick Plummer

8:10pm Flute Ensemble - Conductor: Carol Galea

8:20pm Brass Ensemble - Conductor: Rick Plummer

8:30pm Low Brass Ensemble – Conductor: Alex Hurst

8:40pm Clarinet Choir – Conductor: Meg George

8:50pm Junior Strings – Conductor: Monica Edwards

INTERVAL

9:10pm Training Band - Conductor: Rick Plummer

9:40pm Intermediate Strings – Conductor: Monica Edwards

9:50pm Senior Strings - Conductor: Tim Veldman

Monday, 17 September Ensembles Performing at Celebration Concert 2

7:30pm Concert Band - Conductor: Monty Mackenzie

7:50pm Intermediate Band - Conductor: Vanessa George

8:10pm Jazz Band - Director: Ed Fairlie

8:25pm Junior Jazz Band - Director: Monty Mackenzie

INTERVAL

9:00pm Stage Band - Director: Monty Mackenzie

9:20pm Senior Strings - Conductor: Tim Veldman

9:40pm Choir – Director: Lynlee Williams

10:00pm Symphonic Band - Conductor: Rick Plummer

For enquiries regarding tickets please contact our Music Secretary, Jane Nicholson at nio@elthamhs.vic.edu.au or 9430 5127. We look forward to these two great evenings in the Nallejerring Performance Centre at Eltham High School.

Training Band and Junior Strings Music Fees

The third and final instalment of the Training Band and Junior Strings Music fees are due by Friday, 21 September 2018. The third instalment is for the Small Ensemble, Percussion Equipment Hire and Hired Instrument Fee (if applicable).

Payment of music fees can be made by credit card on the form included in the Resources Tab of each main ensemble, or by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email the payment may be allocated to other areas.

If you do not know your BPay reference number please contact our school's Accounts Department on 9430 5118 or email accounts@elthamhs.vic.edu.au. Your prompt payment of fees is appreciated.

After School Music Lessons available for Guitar, Electric Bass and Drumkit

If any student is interested in lessons on guitar, electric bass or drumkit in our After School Music Program, our teachers have places available. Please contact the Music Office for more details.

Absence from Rehearsals

Could all parents/guardians please ensure their child's absence from a rehearsal is approved via the Compass Parent Portal. Please note if you approve a full day absence this will usually not include the ensemble rehearsal time. You will need to approve this separately. You can retrospectively approve absences.

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RICK PLUMMER, Director of Music

Silent Auction bid - The Block Private Tour or a Signed Hawthorn Guernsey

The Eltham High School Friends of Music are holding another Silent Auction. There are two great prizes available to bid on.

Prizes available:

- There is a private tour of the apartments built on the TV show "The Block" (The Gatwick Hotel) for ten people.
- There is a Hawthorn Football Club Guernsey signed by the current Hawthorn players



To make a bid please click on the following link:

www.32auctions.com/FOM2018

By bidding on these amazing prizes you are supporting our music students and Music Program.

Happy Bidding!

Eltham High School Friends of Music

CAREERS

Creative Arts Taster - Melbourne Polytechnic: Tuesday, 23 October

Aimed at year 9 and 10 students who wish to try a range of Creative Arts areas. All students will participate in each of the six areas below.

The day will consist of six areas:

- **Illustration**
- **Music**
- **Photography**
- **Sound Production**
- **Sports Broadcasting**
- **Visual Arts**

Registrations Open at 9:00am - 9:45am with a 10:00am sharp start time and concludes at 2:30pm.

First Session 10:05am 10:35am

Rotation 1 (5min)

Second Session 10:40am 11:10am

Rotation 2 (5min)

Third Session 11:15am 11:55am

Rotation 3 (5min)

Fourth Session 12:00pm 12:30pm

Lunch 12:30pm 1:15pm (Rotation 4)

Fifth Session 1:20pm 1:50pm

Rotation 5 (5min)

Sixth Session 1:55pm 2:25pm

If you are interested please contact Ross Pringle at pri@elthamhs.vic.edu.au

Deakin Step On Campus Program

Deakin Step on Campus is running again in the Term 3 school holidays.

Students will be taken on a 45-minute tour of their chosen campus by a current Deakin student. Participants can find out more about university life, study areas and what it's really like to be a student at Deakin!

Where: Geelong, Melbourne and Warrnambool

When: Term 3 school holidays



Mt Buller Snow Camp

Dates:

Melbourne Burwood Campus - Wednesday, 26 September and Wednesday 3, October
Geelong Waurin Ponds Campus - Thursday, 27 September and Thursday, 4 October
Geelong Waterfront Campus - Tuesday, 25 September
Warrnambool Campus - Tuesday, 25 September

Time: 10:00am and 12:00pm (Daily)

For registrations and to find out more about Deakin Step on Campus tours visit:

www.deakin.edu.au/steponcampus

Year 9 Work Experience 2017: Monday 10 - Friday 14 December

Students are required to complete one week of placement and can access forms through the careers website at <http://www.elthamhighcareers.com> or from outside the Careers Office. There is the standard Placement Form along with a Transport/Accommodation Form, if necessary. Forms need to be returned by Friday, 30 November.

For students competing in the Australian Volleyball Schools' Cup they are able to complete their placement at another time prior to or following the scheduled week.

Students who are not 15 years old by 10 December will be restricted to placements at a kindergarten, pre-school or primary school. Alternatively private arrangements can be made by the family but please pass on the information prior to the placement.

Any queries should be directed to Ross Pringle at pri@elthamhs.vic.edu.au

Zoos Victoria Work Experience Year 10 2019

<https://www.zoo.org.au/about-us/careers-at-zoos-victoria/work-experience/secondary>

A student will assist in the daily responsibilities of a Zookeeper, which may include manual work such as maintaining and cleaning enclosures, food preparation, routine health checks, and animal observation. Students are placed under the supervision of several keepers in the following six departments: Australian Bush (native mammals and birds), Carnivores and Ungulates, Wild Sea, Trail (elephants), Primates and Reptiles, Education animals and Invertebrates. Students will experience all departments on a rotating schedule throughout the week.

Only ONE student application will be accepted per school for only ONE Zoo property (either Werribee Open Range Zoo, Melbourne Zoo or Healesville Sanctuary)

To be considered as the school nominee submit an application outlining your interests, pathway knowledge and any relevant experience. Your application should be submitted to Mr Pringle no later than Monday 10 September.

Austin Health Work Experience Year 10 and 11 2019

<http://www.austin.org.au/HR/Workexperience/>

Applications for Work Experience in 2019 will open in early September. Please continue to monitor the Austin website and submit your application to Mr Pringle in the Careers Office.

Please be aware that only a certain number of placements are available and are therefore allocated on a "first come - first served" basis. Unfortunately not all departments are able to offer placements and not all weeks are available.

Popular weeks book out very early (including school holidays) and all students must be over the age of 15 at the time of their placement.

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ROSS PRINGLE, Careers Coordinator

STUDENT GROWTH AND LEADERSHIP

Tutorial Evaluation

The Tutorial classes at years 10, 11 and 12 have been operating for four years. As part of Eltham High School's commitment to best educational practice, an evaluation of the Program has begun. The Involve (Years 7 to 9) Program will also be evaluated. In a Tutorial class, each student was invited to provide feedback about what is working and positive, what are the challenges and what could be solutions to implement a more contemporary program from 2019 onwards.

The collated feedback from each Tutorial class was shared with Senior School staff and Tutorial class representatives who then, in a workshop, developed possible solutions. The

processes of peer feedback, prioritisation, pitches and “shark tank” ideas were used to refine the ideas. The result was a plausible and valuable list of ideas (solutions).

These solutions will now be presented to the Involve and Tutorial Working group which consists of staff, students and parents. It will also use a “critical friend” to ensure the “hard” questions are asked.

A big thank you to staff and students that have provided feedback. A really big thanks to the 70 Senior School students that met on Monday, 27 August to be a part of the Tutorial workshop and to Anna Swoboda, Year 11, for the photography.

For further information, please contact Darren Squires or Peter Torey.

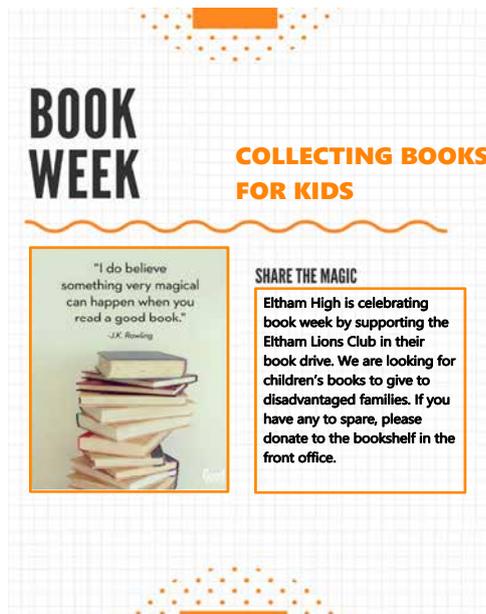
Lion on a Mission – House Leaders Project

The Eltham Lions Club is running a ‘book drive’ for families with young children who do not have access to or can’t afford books for their children. The book drive they are running aims to give these families books for their children, to help and support their learning and childhood growth.

The Eltham High School Year 11 and 12 House Leader team has decided to become involved with this great community project, by collecting books for these children and families in need. There will be a bookshelf set up near the General Office at the front of our school, where any appropriate children’s books are welcome to be donated, they will then be passed onto the Eltham Lions Club and distributed to families in need.

Being a school heavily devoted in community involvement and support we are proud to be engaging in this project and aim to collect several books for many families.

The Year 11 and 12 House Leader Team



PETER TOREY, Student Growth Leader

SPORT

Australian Volleyball Schools Cup

The Australian Volleyball Schools Cup will be held between Sunday, 9 and Friday, 14 December this year. Eltham High School is entering all 16 teams that we had planned to enter. Thank you to all parents that paid the \$100 deposit by the due date. The balance of \$360 is required to be paid by 1 November. All details are in the information handed to students which is also available under the resources tab on the Compass event “Australian Volleyball Schools Cup” and on the Eltham High School web page/ volleyball/ downloads. Teams list are also on this site under “Teams for the Australian Volleyball Schools Cup”. Mr Thomas will be on leave during the last 2 weeks of this term.

Volleyball Dates

- 16 October – Year 8 Round Robin
- 30 October – Year 8 Northern Zone Finals
- 31 October – Year 7 Northern Zone Finals
- 15 November – Year 8 State volleyball Final
- 16 November – Year 7 State Volleyball Final
- 9 December – 14 December – Australian Volleyball Schools' Cup

If your child is selected in a state or national team or has a memorable sporting achievement, please let us know so we can share the good news.

Trials For The 2019 GMVA Program

Trials for the 2019 Program are coming up. There are multiple trial dates below, and athletes are encouraged to attend at least two trials to give themselves the best chance of selection for the new Program starting on Monday, 12 November.

GMVA has training groups for athletes from 11 years old through to 20, so chances are, we can help you with your development and reaching your goals.

Wednesday, 26 September: Boys 6pm - 7:15pm & Girls 7:30pm -8:45pm

Sunday, 7 October: Boys 2pm - 3:30pm & Girls 3:45pm -5:15pm

Wednesday, 10 October: Girls 6pm - 7:15pm & Boys 7:30pm -8:45pm

The trials will consist of:

- Basic volleyball skills work
- Possible physical testing
- Possible match play

GMVAs athletes have achieved some fantastic results:

- 34 boys and girls playing college volleyball in the USA & Canada
- 8 athletes playing professional volleyball in Europe
- 5 male athletes and 1 coach in the Mens Volleyroos
- 2 female athletes and 2 coaches in the Womens Volleyroos
- Over half the beach and indoor state teams are GMVA athletes
- 52 athletes in National Youth and Junior beach and indoor volleyball teams

To save time and pre register go to www.gmva.com.au/trialsrego For more information please contact Luke Campbell at

lukegmva@gmail.com or on 0414 633 837.

All trials are held at State Volleyball Centre, 270 Stud Road in Dandenong North. Please note there is a \$10 trial fee per trial.

2018 Junior Girls Kick Start Program EIV

What Is The Eastern Institute Of Volleyball (EIV)?

EIV was established to identify talented athletes, with volleyball skills and/or athletic ability for the sport of volleyball, and to develop this potential to its highest level possible: school, Victorian or Australian representation. EIV is endorsed by Volleyball Victoria and Volleyball Australia. Many EIV athletes have gone on to achieve their ultimate goal of representing Australia and/or gaining a USA College scholarship.

EIV Kick Start Program

Come along and improve your volleyball in the lead up to Australian Volleyball Schools Cup: Tuesday evenings for seven weeks in Term 4.

Program Details

- Training will be from 6:00pm to 7:15pm, Tuesday evenings at Luther College, Croydon
- Dates; 9, 23, 30 October, 13, 20 November and 4 December
- Program fee of \$85 per athlete for the six week program

Registrations

- Registrations must be received no later than 1 October. Please note that the places are limited, and athletes will be accepted on a first in basis (so be quick)!
- bill@i.net.au with the following details: name, date of birth, school, contact phone number and approximate t-shirt size. Registration will be acknowledged via return

email

- Program fee will be payable by Tuesday, 23 October.

Further Information: Bill McHoul (Program Director/Head Coach) 0417 341 685 or email bill@i.net.au

Any students looking for some extra training in the lead up to AVSC can look into this or training at Heidelberg Volleyball Club each Thursday between 6 and 7.00pm at CLC in Eltham.

National Cross Country Championships

Jack Itter, Year 11, journeyed to Maleny, Queensland to compete in the 2018 Australian Cross Country Championships. The course, set around the hills of the Maleny Golf Club, challenged runners with its steep climbs, sharp descents, twists and turns. There was little opportunity for runners to settle in to any rhythm around the course.

Jack Itter finished 4th in the Boy's Under 18 6km Australian Championship. Jack was 5th over the line, with a New Zealand athlete winning the event followed in by three Queenslanders. With a time of 20:41 for the 6km, Jack was only 14 seconds behind the first Australian and five seconds off a bronze medal. Jack led the Victorian team that won a Silver medal in the inter-state competition.

On Sunday, 2 September, Jack continued his highly successful winter season when he won the Athletics Victoria Men Under 18 5km Road Race on the Yarra Boulevard. Jack finished in a time of 15:24. This win gave Jack the AV 2018 Individual Championship for the Men Under 18. His four best results for the season included three wins and a second place.

GREG THOMAS, Volleyball Coach and Sports Teacher

DRAMA

Our Senior Drama Ensemble will perform 'Waking Ophelia' in the Drama Space, commencing at 7.00pm on the following dates:

Wednesday, 19 September

Thursday, 20 September

It's the story, behind the story, behind the story of Hamlet.

Tickets at the door!

Students/Concession: \$10.00

Adults: \$20.00

SCIENCE

Student Participation Options

This is an outstanding opportunity for students to attend a conference to learn about cutting edge research and learn how information and communication technologies help researchers to make the best possible use of their data.

Things to do:

- Explore science datasets using Virtual and Augmented Reality environments
- Meet a selection of researchers to discuss their posters and e-posters
- Watch computer animations that showcase techniques for storytelling and science communication
- Listen to conference keynotes – check out the conference homepage to see confirmed international and national invited speakers. More information will be announced soon!
- Walk the exhibition floor and speak to researchers and technology providers
- For more information see <https://conference.eresearch.edu.au/students/>

The 7th BrainSTEM Innovation Challenge

The first meeting for our groups took place last week, with Grace Grant (9A), Joy Van Diemen-Hartlief (9H), Tymon Van Diemen-Hartlief (9A) and Nathan Edwards (9C) meeting with Dr Michelle Hall.

Dr Hall is a Post-Doctoral Research Fellow with the Centre for Health, Exercise and Sports Medicine, Department of Physiotherapy at the University of Melbourne.

Various options for the group's project were discussed: robotic limbs, artificial intelligence, muscular and joint pain, injury prevention, promotion of health and wellness or the aim of making people go faster. Understanding pain was discussed: what triggers it? How do we adapt to pain? How long does pain last? What effect does adrenalin have?

The option for experimental work using the University's 3D motion capture system was also put forward, so the possibility of a practical application for the group's project is a possibility.

The options were left open, to be further discussed at the group's next meeting in a fortnight's time.

ROB COVENTRY, Science KLA Coordinator

STUDENT SERVICES

The Harding Miller Education Foundation

75 Scholarships Available In 2019

Applications are now open to all eligible Year 8 girls enrolled at Australian Government schools to apply for a Harding Miller Education Foundation scholarship commencing in 2019.

Girls in economically disadvantaged families don't have access to the equipment, resources and services that girls from more affluent families have. We are awarding scholarships to high academic potential girls, facing socio-economic hardship. The scholarship provides computers, internet access, money for school expenses and access to tutoring and mentoring.

When you educate a girl you break the vicious cycle of poverty.

Apply now applications close 28 september 2018.

For more information please:

Call: (02) 9556 7537

email: zoe@hardingmillerfoundation.org.au

website: <http://www.hardingmillereducationfoundation.org.au>

Spectrum Journeys North Outreach

Spectrum Journeys North Outreach are launching at the Hurstbridge Community Hub!

Spectrum Journeys is a not for profit Autism service that works with carers and educators to support children on the Autism Spectrum.

The service provides carer support and education for families and education staff through the following programs and initiatives:

- Carer support groups and peer-based carer support
- Advocacy and mentoring groups
- Workshops for carers and educators
- Outreach service

Parent Connect North

Mondays commencing 15 October with sessions on 22 and 29 October and 5, 12 and 19 November.

10:00am – 11:30am at Hurstbridge Community Hub – 50 Graysharps Road, Hurstbridge.

The sessions will explore diagnosis, change, relationships, everyday life challenges, strengths, boundaries, self-esteem and self-care facilitated by Charlinda Parsons, Occupational Therapist

To request an expression of interest form, email info@spectrumjourneys.org.au.

For more information about Spectrum Journeys' services, please view their website: = www.spectrumjourneys.org.au.

SANE Forums Eating Disorders Victoria (EDV)

The SANE Lived Experience Forum on the EDV website now compliments the SANE Carers Forum that has been available on the website for some time.

I highly recommend The Lived Experience Forum as a safe, anonymous community for people living with mental illness, or people caring for someone with an eating disorder, it is moderated 24/7 by mental health professionals.

Please note these Forums do not provide crisis counselling. If you need urgent help, call Lifeline on 13 11 14 or in an emergency call 000.

<https://eatingdisorders.saneforums.org/>

YouthFest 2018 – Calling All Young Performers

Applications for YouthFest performers are now open! YouthFest welcomes diversity in performances including spoken word artists, bands, solo artists plus more! If you'd like to apply, go to www.banyuleyouth.com/youthfest18-performer-call-out

More info: contact Roland on 9098 8010

Parent Information

SBS Insight aired an episode about gaming and addiction this week. This might be of interest to any parent or families due to the high number of inquiries' regarding gaming at home and school.

To see the video please see the link below.

<https://www.sbs.com.au/ondemand/video/1284354627710/insight-game-on>

PRISIM

PRISIM is 'People Respecting Individuals Sexual Identity Movement'.

All PRISIM members are invited to our weekly meetings every Friday during lunch time in student services.

Eltham High School's LGBT+ support group. All year levels are welcome to come and join.

headspace Greensborough

Put Some Colour in Your Day!

You are invited to
headspace day celebrations at headspace Greensborough

Join us for an afternoon of fun activities in celebration of National headspace Day. In partnership with WaterMarc, you can:

- boxercise and yoga in The Walk
- Mario Kart round robin
- decorate cupcakes
- make your own mindfulness mug
- have a smoothie at our smoothie stall in headspace Greensborough.

When
11 October 2018—National headspace Day!

Time
3:00-6:00 pm

Where
headspace Greensborough, Level 1,
76 Main Street, Greensborough

Brought to you in partnership with WaterMarc

WaterMarc Banyule

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative

LOUISE HEATHCOTE, Student Services Leader

Community Announcements



RESEARCH FIRE BRIGADE

WHEELS FOR THE FIRIES

**SUN 14TH OCT
10AM-2PM
ELTHAM COLLEGE
SPORTS GROUNDS
1660 Main Road, Research**

Coffee & Food Available
All proceeds go to Research CFA







Entry fee: \$15/show car, \$10/show bike, gold coin donation per spectator.
Contact Andrew to reserve your place: 0400 962 795 | andrew@researchcfa.com

Facebook: Wheels for the Firies

Australian Suicide Prevention Foundation

YOU ARE NOT ALONE

Video Competition

16 July – 9 October

Suicide is responsible for the loss of more young people than car crashes.

Get creative. Show someone you care.

Make a short video on your own or with a bunch of friends with the theme "You are not alone".

Total prize pool \$15,000 & best weekly videos receive a Village Cinema double pass.

An ASPF initiative



Presented by



Where movies mean more

Supported by




YouAreNotAloneComp.com.au
#youarenotalonecomp



Join the conversation



ELTHAM MUDBRICK TOUR 2018



SUNDAY OCTOBER 21, OPEN HOUSE 10AM-4PM

Join us on a tour of five beautiful and individual mudbrick houses in the Eltham area.

Nillumbik's mudbrick houses, always unique architecturally, are part of an alternative housing movement ahead of its time built with environmentally sustainable and recycled materials in natural harmony with the bush landscape.

The tour maintains a 60+ year tradition pioneered by Alistair Knox and is run by Eltham High School community volunteers to help support its renowned music program, with major sponsor Nillumbik Shire Council and other Nillumbik community sponsors. Eltham High School ensemble musicians will perform in The Barn Gallery at Montsalvat on the day between 10am and noon.

This year's Eltham Mudbrick Tour showcases a selection of mudbrick houses designed, built, extended, or renovated between 1973 and 2018 by mudbrick house professionals including Alistair Knox, John Pizzi and Mark Sinclair, and owner builders including artists, a doctor and a local postman. All of the households have artistic interests, from professional potters and artists to passionate leadlighters, mosaic artists, and musicians. Natural bush gardens include the work of local native landscaper Sam Cox and green-fingered householders, with many fun and beautiful artworks, sculptures and outbuildings.

Tickets at www.trybooking.com

Adults: \$25 (Children under 16 free)
Concession: Seniors/Students/Health card \$20
Photo ID required on the day

For more information:
www.elthamudbricktour.org
Facebook: Eltham Mudbrick Tour



- Tour starts from Montsalvat, 7 Hillcrest Avenue, Eltham
- Free parking and regular shuttle buses between the houses
- Enjoy homemade cakes and drinks at one house
- Allow three to four hours; some walking is required.

LiFT

STEPPED CARE MODEL FOR MENTAL HEALTH

LiFT ensures that every person seeking help with a mental health concern receives the right care at the right time from the right person.

WHO CAN ACCESS LiFT?

- People of all ages who live, work or study in the Cities of Banyule and Whittlesea, Shire of Nillumbik, and the surrounding areas around Wallan and Kinglake
- LiFT is available to people who are not able to afford or access similar services including asylum seekers
- LiFT is a FREE service.

HOW CAN I ACCESS LiFT?

- People can self-refer, or be referred by a health professional
- Services are provided face-to-face or via Telehealth at:
 - Banyule Community Health: 21 Alamein Rd, West Heidelberg & 25 Grimshaw St, Greensborough
 - Whittlesea Community Connections: Shop 111 Epping Plaza, 583 High St, Epping
 - Epping Community Services Hub: 713 High St, Epping
 - GP Super Clinic: 20 Civic Drive, Mill Park
 - DPV Health: 40 Walnut St, Whittlesea
 - healthAbility: 917 Main Rd, Eltham
 - Nexus Primary Health: 7 High St, Wallan
 - 19 Whittlesea-Kinglake Rd, Kinglake

WHAT CAN I EXPECT FROM LiFT MENTAL HEALTH STEPPED CARE?

- LiFT provides expert support from mental health nurses, psychologists and counsellors, care coordinators, and peer workers
- LiFT works with you and your care team, building on your strengths, to support your recovery
- LiFT is flexible, to meet your needs, and recognises that the impact of your mental health concerns will vary over time
- LiFT provides low level to higher intensity supports such as:
 - online support
 - counselling (face-to-face or via telehealth)
 - group support
 - care coordination
 - support to linkages with a wide range of services including:
 - Specialist services to address other needs, including problem gambling, substance misuse, family violence
 - Employment, education, training and financial support services
 - General practitioner and others to support your physical health and wellbeing

CONTACT

Banyule Community Health on 9450 2005 [Banyule or Whittlesea]
healthAbility on 9430 9160 [Nillumbik]
Nexus Primary Health on 1300 773 352 [Wallan or Kinglake]
EMPHN Referral & Access on 9800 1071

This initiative is supported by Australian Government funding under the PHN program.






Community Announcements

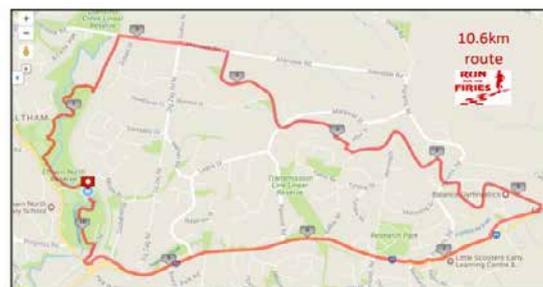
RUN FOR THE FIRIES 2018

Sunday 28th October

4km, 6km or 10.6km walk/run

Raising funds for Research & Kangaroo Ground CFA brigades

CFA **DCR** diamondcreekrunners



REGISTER TODAY

All participants will be electronically timed and will receive a participation medal. All ages and abilities welcome.

Drink Stations • Spot Prizes & Trophies • Sausage Sizzle
• Coffee • Massages

CATEGORY	EARLY BIRD	STANDARD	ON THE DAY
10.6 km	\$30	\$35	\$40
6km	\$25	\$30	\$35
4km	\$20	\$25	\$30

Early bird prices end 31st August 2018. Online entries close 5pm on Saturday 27th October

Supported by:



Register now at
www.runforthefuries.com
#runforthefuries
#diamondcreekrunners



Eltham High School STRING QUARTET

U3A NILLUMBIK UNIVERSITY OF THE THIRD AGE

VICTORIAN SENIORS Festival

We are pleased to present
Eltham High School's Acclaimed String Quartet
performing popular items from its classical repertoire at the
Eltham Community and Reception Centre
801 Main Road, Eltham

SUNDAY, 21 OCTOBER at 2.00PM

Cost: \$10 per person
Bookings: www.trybooking.com/XIJS
Tickets available at the door.

The performance will be followed by afternoon tea and an opportunity for the audience to mingle with the musicians.

This is a Nillumbik Seniors Festival Event. Nillumbik U3A proudly supports Nillumbik Council by showcasing events and entertainment during the 2018 Seniors Festival.

U3A Nillumbik email: u3a.nillumbik@gmail.com

NILLUMBIK THE GREEN HEART SHINE

Pick My Project

Keeping Eltham Evergreen

Tree-planting and re-vegetating public space in Eltham's town centre.

Eltham's trees make us healthier, happier and more productive. They are also a part of our cultural identity, as a shire with a history of environmental activism. However, with medium-density development in the town centre, trees on private land are at risk.

Our project aims to plant 265 native trees and vegetation in public spaces to ensure the beauty of our leafy surroundings continue to be enjoyed by current and future generations. We will collaborate with Council to vegetate traffic islands, nature-strips and available public space.

Visit pickmyproject.vic.gov.au and search for Keeping Eltham Evergreen.

