



Curriculum Day (Student Free Day)
Friday 23 April

Student Progress Interviews
Thursday 29 April
4:00pm - 7:00pm (onsite)

Student Progress Interviews
Monday 3 May
11:00am - 7:00pm (remote)

2021 Open Day and Information Evening Thursday 22 April

Curriculum Day (Student Free Day) - Friday 23 April

PRINCIPAL'S REPORT

Start of Term 2

Welcome back to all students and staff and I trust that everyone had a restful and relaxing break.

We have a rather busy couple of weeks ahead of us with the School's Open Morning on **Thursday 22 April** and the Prospective Year 7 Students and Parents 2022 Information Night on the same day.

This day is followed by the first Curriculum Day for the year on **Friday 23 April** and I remind parent/guardians that this is a student free day and that you will need to arrange supervision for your children at home.

In the following week we will be holding the first of our Student Progress Interviews **Thursday 29 April, 4:00 - 7:00pm**. (This one being face-to-face).

The second session of Student Progress Interviews will be online and it will run on **Monday 3 May, 11:00am - 7:00 pm**. Specific information has already been sent out to families.

From the start of Term 1 we have been rather busy running school tours. These will continue into early May. We welcome all prospective students, parents and guardians who are interested in finding out more about our school.

Student Achievement: Nillumbik Youth Council

The Nillumbik Youth Council is a Formal Advisory group that consists of 15 young people aged 15-25 who live, work, study or play within Nillumbik. The Youth Council will be responsible for the establishment and review of a Youth Strategy and Action Plan, which will set out the priorities and actions for young people to lead with the support of Council across their two-year term.

Amongst the 15 members of the Youth Council are current Eltham High School students **Fieke van der Kamp (Year 11, Stewart House)** and **Taj Andreetta (Year 11, Andrew House)** and former student **Lachlan Wadsworth (Rutter House)**.

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www.elthamhs.vic.edu.au



Fieke



Taj



Lachlan

SCHOOL CALENDAR 2020

APRIL

Thursday 22

- 2021 Open Day and Information Evening
- Year 12 Literature Creative SAT Workshop
- SSV State Swimming Finals

Friday 23

- Curriculum Day (student free day)

Monday 26

- ANZAC Day Commemorative Ceremony

Tuesday 27

- Hands on Heads Workshop 1

Wednesday 28

- Year 9 Recreational Activities - Driving Range
- Round Robin - Boys AFL
- Round Robin - Boys Soccer
- Round Robin - Boys Netball
- Round Robin - Girls Netball
- Round Robin - Boys Badminton
- Round Robin - Girls AFL

Thursday 29

- Student Progress Interviews 4:00pm - 7:00pm (onsite)
- Year 7 Girls Softball
- Year 11 Outdoor Education - Kayaking

Friday 30

- Year 9 Recreational Activities - Driving Range
- Year 7 Film Screening - Edward Scissorhands - Period 1
- Year 7 Humanities River Fieldwork 7A

MAY

Monday 03

- Student Progress Interviews 11:00am - 7:00pm (remote)

Tuesday 04

- Fan Girls Theatre Excursion
- Year 8 Sport - Football
- Year 8 Sport - Netball
- Year 8 Sport - Dance
- Year 8 Sport - Swimming
- Year 8 Sport - Basketball

Wednesday 05

- Volleyball Victoria Schools' Cup - One Day Event (Year 7 & 8)
- Year 8 Medieval Day

Congratulations to all the young people for having been selected for these very important positions so that the voice of the Nillumbik youth can be heard. We are very proud of them all. Further congratulations go to Fieke Van Der Kamp on her election to the position of Youth Mayor 2021. I am certain that Fieke's leadership will guide the work of the Youth Council in a way that the voice of the Nillumbik youth will be heard.

I congratulate the Shire of Nillumbik, firstly for seeing the need and then for addressing the need to have the youth represented in the decisions that are made at the Shire Level through the establishment of the Youth Council.

Youth Council Formal Advisory Meeting Dates 2021 are as follows:

Monday 12 April 2021

Monday 7 June 2021

Monday 2 August 2021

Monday 11 October 2021

Monday 6 December 2021

Eltham Drama Performance

After a frustrating period of drought due the COVID-19 Pandemic restrictions, the Scrambled Prince players are back in full form with their productions of "She is Fire" and "Backstroke".

These are not performances to be missed and I strongly encourage you to book immediately through Trybooking. Further information is provided in a subsequent section of this newsletter.

Dates of Performances

Tuesday 27, Wednesday 28 and Friday 30 April

She is Fire – 7:00pm

Backstroke – 8:30pm

Please join us to support our young players to restart their performance program and get back on track.

ANZAC Day Commemorative Ceremony:

Our ANZAC Day Commemorative Ceremony will take place on **Monday 26 April starting at 10:45am**. This Year we will be joined by our local State Member of Parliament, Vicki Ward. The Ceremony will be led by the students.

I extend a warm welcome to any member of our community who would like to join us for this event. Please RSVP to Kate Scalzo at sca@elthamhs.vic.edu.au to ensure that we have organised some seating for you.

Student and staff representatives will attend the Montmorency/Eltham RSL ANZAC Day Commemorative Ceremony at dawn on **Sunday 25 April**.

.....
VINCENT SICARI, Principal

ASSISTANT PRINCIPAL'S REPORT

Student Progress Interviews and Interim Reports

Student Progress Interviews are coming up early in term 2. This is an important opportunity for families and students to meet with their classroom teachers.

We will be conducting a combination of face to face interviews onsite and remote interviews via Webex. This change is in response to feedback from families following the necessity to move all interviews to remote via Webex in 2020.

There was a request from families to offer both options where possible, so that is what we are trialling this semester.

Thursday 29 April 4:00pm - 7:00pm (Onsite at Eltham High School)

Monday 3 May 11:00am - 7:00pm (Remote via Webex)

There will be no scheduled classes on Monday 3 May.

Bookings will open at the commencement of term 2, at 9:00am on Monday 19 April. Bookings will be made via Compass, with bookings following the same format as past interviews.

Bookings will continue to be of 5 minute duration. There will be a 2 minute gap between bookings to allow for connection time for the Webex based interviews occurring on Monday 3 May.

- Thursday 06**
- Volleyball Victoria Schools' Cup - One Day Event (Year 9)
 - Year 11 Drama 'Because the Night' Malthouse Excursion

- Friday 07**
- Year 11 Biology - Melbourne Zoo Excursion
 - Year 11 Outdoor Education - Rock Climbing
 - Volleyball Victoria Schools' Cup - One Day Event (Senior)

- Wednesday 12**
- Year 9 Recreational Activities - Ten Pin Bowling

- Thursday 13**
- Year 12 Geography Fieldtrip

- Friday 14**
- VCE Careers Expo
 - Year 9 Recreational Activities - Ten Pin Bowling

- Monday 17**
- Year 12 GAT Information Session - English

- Thursday 20**
- Year 11 English Exam Revision Seminar - Period 1

- Monday 24**
- Year 12 GAT Information Session - English

In the lead up to the interviews the Semester 1 Interim Reports will be published on Compass. They will be available for families by Thursday 1 April.

We would like to thank families for their continued understanding of changes that have been made over the course of 2020.

Families with bookings will receive a link prior to the day with instructions for accessing interviews via Webex.

Where there are issues with bookings please contact your child's sub-school via the following contacts;

Junior School - Lestina Theodosis the@elthamhs.vilc.edu.au
 Middle School - Rhonda Bonfante bon@elthamhs.vic.edu.au
 Senior School - Susan Ingliss ing@elthamhs.vic.edu.au

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FRAN MULLINS, Assistant Principal

SENIOR SCHOOL

2021 Term 2 Senior School Administrative Dates

VCE Year 12 Careers expo event Melbourne Showgrounds	Friday 14 May
VCE Year 11 Student assembly	Monday 17 May- Tutorial
VCE Unit 3 GAT student session	Monday 17 May- Maths/Science (Tutorial period 3)
VCE Unit 3 GAT student session	Monday 24 May-English 1.55pm- 3.10 pm
VCE Unit 1 (Year 11) concludes	Thursday 27 May
VCE Year 11 Examinations	Friday 28 May - Friday 4 June
VCE Unit 3 (Year 12) concludes	Friday 4 June
Units 2 & 4 Commence	Monday 7 June
VCAA- GAT examination- Students undertaking a Unit 3/4 study. No other VCE classes will operate on this day	Wednesday 9 June 10.00am-1.15pm
Transition- Year 11-12, 2022 subject selection meeting	Thursday 10 June- period 1
Year 10 Semester 1 Examinations	Thursday 10 June- Friday 18 June
Queen's Birthday holiday	Monday 14 June
Year 10 Pathways Day	Monday 21 June
Year 10 classes resume	Tuesday 22 June
Year 10 Semester 1 classes finish / End term 2	Friday 25 June

September Revision Lectures: Units 3 & 4 VCE Studies - Connect Education

I bring to your attention an opportunity for all students engaged in the following Unit 3 & 4 VCE subjects: Business Management, Health and Human Development, History, Legal Studies and Psychology.

Connect Education is an education company founded to assist current students to learn from the perspective of successful recent graduates, in addition to their teachers. We are delighted to work with Connect, for the benefit of our students, by offering access to revision lectures at our school. These will be developed in partnership with our staff to focus on areas that will most benefit our students leading into their exams.

Presenters & Focus: The Connect presenters will deliver interactive workshops to help students feel more confident about preparing for the critical content and skills they will require in each exam.

Revision Books: As part of registering for each subject, students will also receive Connect Notes. These ~100 page books provide clear summaries of all key content, guides for responding to common exam tasks, and other invaluable study advice.

Venue: All lectures will be held onsite at Eltham High School in the Lower 100s wing on Monday 20 September, 2021

CANTEEN ROSTER

If you would like to volunteer for our canteen in 2021 please send your email address and availabilities to our Canteen Manager, Carolina Constable at: cob@elthamhs.vic.edu.au

Please check the display at the Canteen for the daily specials

EXTRACURRICULAR CLASSES & TUTORIALS

Eltham High School Anthology

When: Tuesday
Location: Room 302
Time: Lunchtime
Steve Ford

*Eltham High School Anthology
Coordinator*

Eltham High School STEM Club

When: Every second Wednesday
Location: Room 802
Time: Lunchtime
Anam Javed

*Eltham High School Science
Coordinator*

Price: Sessions will be \$36.00 per subject which is a significant discount compared to normal pricing.

This is an outstanding opportunity for our students to access high quality revision lectures. Students are encouraged to attend as many lectures as possible to best prepare for a successful end-of-year exam period.

Workshop Date: Monday 20 September, 2021

VCE Unit 3 / 4 Subject	Time
Psychology	9.30 am – 11.30 am
Health and Human Development	12.00 pm- 2.00 pm
Legal Studies	12.00 pm- 2.00 pm
Business Management	2.30 pm – 4.30 pm
History	2.30 pm – 4.30 pm or 9.30 am – 11.30 am (TBC)

An event will be set-up on Compass for students who have expressed interest in attending these revision lectures.

Any further expressions of interest are to be forwarded to Anna Panas pan@elthamhs.vic.edu.au by the end of term 1.

Year 10 Meningococcal ACWY Vaccine Program

The Banyule City Council's Immunisation Service will visit all secondary schools within Banyule and Nillumbik to administer the National Immunisation Schedule.

The immunisation schedule for Year 10 students in 2021 is:

Meningococcal ACWY – (1 dose only)

Families are asked to read the information and complete the consent section by ticking and signing **Yes** or **No**. **Remove the consent card and return it to the post box outside the Senior School office as soon as possible even if you do not want your child to be vaccinated.**

Please contact Banyule City Council immunisation service on **9457 9964** should you have any questions or concerns.

ANNA PANAS, Senior School Leader

DRAMA

Scrambled Prince Theatre Company Presents

She is Fire

'We will not compromise our humanity in the face of injustice. We will not give in.'

In the fight for womens' suffrage in 1914 England, an election may sway the city. A local suffragette group fight tirelessly to herald in a new age, one they've fought for their whole lives. But when the cause is all there is left, the risk is high and safety is all but lost, will the fight go on?

A moving story about friendship, love and determination.

Backstroke

Finn is floundering. In the summer of 1958, on the coast of Victoria he becomes the boy obsessed with a story. There is a girl deep in the ocean, and he wants to know why she did not drown. His town clings to its inhabitants, even as they swim against the current, desperate for the tide to take them away.

Backstroke captures the longing and uncertainty that comes with the end of childhood. When staring down all that made a life, how could you run?

Dates of Performances

Tuesday 27, Wednesday 28 and Friday 30 April

She is Fire – 7:00pm
Backstroke – 8:30pm

Tickets are available through Trybooking

<https://www.trybooking.com/BQBXL>

Adults: \$20 / Student/Concession: \$15

For more info - <https://www.facebook.com/scrambledprince/>

RYAN PATTERSON, Drama Coordinator

PARENT INFORMATION

2021

Term Dates

Term 1:

Starts Year 7, 11 and 12
Thursday 31 January
Year 8, 9 and 10
Friday 01 February
Finishes Thursday 4 April

Term 2:

Starts Monday 19 April
Finishes Friday 25 June

Term 3:

Starts Monday 12 July
Finishes Friday 17 September

Term 4:

Starts Monday 4 October
Finishes Wednesday 17 December
(Dependant on Year level)

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2020

Working Bee Dates

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Tim Natoli via email: nao@elthamhs.vic.edu.au

MUSIC

Eltham High School Friends of Music Annual General Meeting, Monday April 26th 2021 at 7.00pm

Friends of Music (FOM) are the parents and friends who are affiliated with the Eltham High School Music program who volunteer and assist in the running of the music events such as concerts and fundraising. Their primary aim is to support the running of music events that allow our students performance opportunities. Our fundraising activities go towards the purchase of instruments for the students to use and perform with.

The Annual General Meeting for Friends of Music will be held on Monday April 26th, 2021, where the positions on the committee will be elected. This meeting will be held in the main Staff room, but other meetings during the year will be flexible and on line, to reduce time commitments.

We are calling for parents who want to get involved with supporting their student's music education to help revive and reinvigorate involvement after last year and welcome your participation.

If your child has been at the school prior to last year and you know how positive the music events are, or you are a new parent and want to be involved to support FOM, or you have some ideas for how FOM could adapt for the new challenges, please consider attending the Annual General Meeting. The committee will be elected and the agenda for activities and fundraising the coming year will be discussed.

We also seek nominations for the committee and positions on the committee for President, Vice President, Secretary, Treasurer, General Committee Member. There are many other ways to provide support as well and we would welcome your expression of interest as well.

If you want to nominate for a role, or want to nominate a person please pass the details to Duncan Butler, FOM Secretary at FriendsOfMusic@elthamhs.vic.edu.au

Your input, ideas, support and involvement will directly support the Music Program, the students and the staff. I look forward to seeing some of you at the AGM.

Catriona McKinnon, President

Music Uniform

Our Music uniform is available for all Symphonic Band and Concert Band students. If your child requires any of the music uniform could they please come and see Jane during a recess or a lunchtime. Wind Ensemble students will have their music uniform distributed soon.

2021 Music Fees

The 2021 Music fees are currently being added to your family account.. If you have not yet received an invoice via email, you will receive one very soon.

The first instalment, which covers your Instrumental Music Lesson fee, is now due for payment. The Training Band and Training Strings instrumental lessons fees are due for payment by 26 March 2021 and are \$950.00. If you paid the \$300.00 deposit you can deduct that amount from this payment.

The instrumental lesson fees are listed below for each ensemble:

VCE Instrumental Lesson Fee - \$1,700.00
Symphonic Band - \$1,500.00
Concert Band - \$1,100.00
Wind Ensemble - \$1,000.00
Chamber Strings - \$1,100.00
String Orchestra - \$1,000.00
Training Band - \$950.00
Training Strings - \$950.00

Payment of the Music Fees can be made by completing and returning the credit card details on the form included in a 2021 Music Fees news feed (as an attachment), or by cash, credit card (over the phone by calling **9430 5118**) or by cheque made payable to "Eltham High School".

If you have any queries regarding payment of the fees please contact the school's Revenue Administrator, Jacinta D'Avoine on **9430 5118** or by email at accounts@elthamhs.vic.edu.au

The 2021 Instrumental Music Program Fees and the Credit Card Payment document are included in the Resources Tab of each main ensemble.

The second instalment is for the Main Ensemble levy which is due for payment by 3 May 2021. The Training Band and Training Strings ensemble levy are due for payment by 4 June 2021 and are \$420.00.

Japanese Ink Brush Workshops



Life Drawing



Folio Work



The third instalment is for any other items i.e. instrument hire, percussion equipment hire, other ensembles like Stage Band, Jazz Band, Big Band etc. The third instalment is due by 25 June 2021. For Training Band and Training Strings the third instalment is due by 27 August 2021.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Your prompt payment of the fees is appreciated.

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RICK KEENAN, Director of Music

ARTS

Japanese Ink Brush Workshops

On Friday 29 March, well known Japanese ink brush artist Junko Azukawa ran two workshops for year 11 Art and Studio Arts students. This experience provided them with the opportunity to build their skills and experience in a new medium and add to the breadth of experimentation in their folio work.

Junko is a highly regarded ink brush artist both in Australia and Japan. She specialises in calligraphy which she learnt from the age of five through a Japanese master. Her dedication to this art form has enabled her to create simple and expressive ink paintings through controlled and gestural brushstrokes.

A third workshop was also organised for staff and selected students including year 12's whose folio exploration would benefit from the experience.

It was great to see the participation and enjoyment experienced by all.

Life Drawing

Life drawing commenced on Wednesday 17 and Wednesday 24 March for our senior arts students and staff. Emmy Mavroidis at Nyora Studio Gallery guided students through the process of setting up in a studio space and using an easel. She explained what to look for in terms of line, shape and proportion and how to give the figure form and weight.

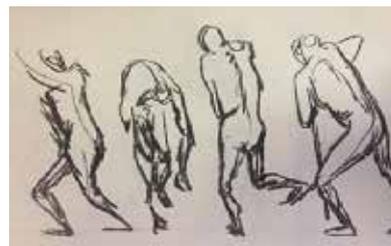
The results have been nothing short of outstanding as you can see from the images. It is hard to believe this was the first time these students had experienced life drawing.

Classes will recommence in term 2

For further details contact Lisa Foote foo@elthamhs.vic.edu.au



Benji Bayley



Elise Francis



Jemima Leach

VCE Seminar - How To Create A Quality Folio

Past students **Lydia Schofield (Class of 2020, Rutter House)** and **Molly Morris-McGinty (Class of 2020, Andrew House)**, returned to Eltham High School to present their top tips and experiences in creating a quality year 12 folio to students in Art, Studio Arts and VCD. Students were able to view their work and ask questions about their process.

As students who were both shortlisted for Top Arts, Lydia and Molly could also share their experience in this process. Molly's work was selected to appear in the Top Arts 2021 exhibition currently showing at the NGV, Ian Potter Gallery

Students were also presented with powerpoints providing advice about protocols and authentication requirements in the submission of folios and viewed high scoring VCD folios.

This was a highly informative session for Visual Arts students who are working towards the development

ELTHAM HIGH SCHOOL CLUBS WHY NOT GET INVOLVED!

Chess Club

When: Friday Lunchtime
Location: Library
Junior School Team

Drama

When: Wednesday (Junior)
Thursday (Senior)
Location: 111 Drama Space
Time: 3.20pm – 5.00pm
Ryan Patterson, Drama Teacher

Scrambled Prince Workshops

When: Thursday
Location: 111 Drama Space
Time: 5.0pm – 7.00pm
Ryan Patterson, Drama Teacher

Interscholar Debating Team

When: Monday Lunchtime
Location: Room 301
*Bindhu Rajendra
Debating Coordinator*

StandOUT

When: Wednesday Lunchtime
Location: Room 420
*Matthew Hapsberg
StandOUT Leader*

Tournament of Minds (Year 7 - 10)

When: Tuesday Lunchtime Term 2 and 3
Location: Room 154
*Loren Clarke and Naomi Edrees
Tournament of Minds Coordinators*

Language Conversation Club

When: Tuesday Lunchtime
Indonesian Club: Room 610
French Club: Room 612
*Catherine Considine Languages KLA
Coordinator*

STEM Club

When: Monday Lunchtime (Week B)
Anam Javed STEM Club Coordinator

Creative Minds Exhibition 2021

Congratulations to the following Year 12 Art, Studio Arts- Art and Studio Arts- Photography students of 2020, whose work has been selected for inclusion in the Creative Minds 2021 exhibition.

Molly Morris-McGinty (Class of 2020, Andrew House)
Ashlyn Heap (Class of 2020, Rutter House)
Corina Karakasi (Class of 2020, Everard House)
Darcy Wilkinson (Class of 2020, Stewart House)
Emily Broeren (Year 12, Everard House)
Genevieve Magilton (Class of 2020, Rutter House)
Isobel Magilton (Class of 2020, Rutter House)
Sarah Treadwell (Class of 2020, Rutter House)
Celeste Zuzic (Class of 2020, Rutter House)
Emma Brooksby (Class of 2020, Everard House)
Sarah Rose (Class of 2020, Stewart House)
Emer Rafferty (Class of 2020, Stewart House)
Bonnie Bradley (Class of 2020, Andrew House)
Tarsila Assis (Class of 2020, Everard House)
Lydia Schofield (Class of 2020, Rutter House)
Lowana Royle (Class of 2020, Andrew House)
Jackson Nelis (Class of 2020, Andrew House)
Reuben Van Der Linde (Year 12, Rutter House)
Lili Smith (Class of 2020, Everard House)

This exhibition highlights outstanding work from Year 12 students across schools in the Nillumbik Region including Eltham High School, Eltham College, Catholic Ladies' College and Plenty Valley College.

The exhibition will run from **Friday 23 April to Sunday 23 May 2021** in the Eltham Library Community Gallery.

The show will be officially opened by Nillumbik Shire Council Mayor Cr Peter Perkins on **Saturday, 24 April, 2:30 - 4:30pm**

Please see the community announcements section of this newsletter for the invitation

Additional Lunchtime Classes For VCE Arts Students

VCE Arts Teachers have arranged lunchtime classes for their subjects so that students can gain additional support and access specialist materials and equipment.

Students are strongly encouraged to take advantage of this wonderful opportunity provided by their teachers.

Additional sessions are offered:

Art: Monday & Friday lunchtime / Monday after school Room 613 (Ms Foote)
Music: Tuesdays Room 904 (Ms Williams) / Fridays Room 904 (Mr Piras)
Photography: Wednesday Lunchtime Folio Workshops Room 601 (Mr Matters)
Studio Arts: Art Mondays, Wednesdays, Thursdays & Friday lunchtimes Room 608 (Ms Leiner)
VCD: Tuesday, Wednesday & Friday lunchtimes Room 412
After school class every Thursday Room 412

Year 7 Art Club

Thursday Lunchtime in Room 613

The Art club is an opportunity for Year 7 students who enjoy art and love being creative to meet and connect with other likeminded students.

Students don't have to be good at art to join. If they enjoy making and creating and would like to make some new friendships this could be the group for them.

Our Visual Arts Leaders along with Arts staff have planned some fun activities and will be on hand to teach students some new skills or just have a chat.

The Art Club will run every Thursday lunchtime.

If you have any questions contact Lisa Foote foo@elthamhs.vic.edu.au

Otherwise students can turn up any Thursday at Room 613.

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LISA FOOTE, Arts Coordinator

LANGUAGES

French Conversation Club

French Conversation Club is held every Tuesday lunchtime in Room 612.

All Francophones and Francophiles welcome! This is a wonderful opportunity for:

- General conversation practice
- Discussing hobbies and interests in french
- Watching French movies
- Discussing current affairs in France

À très bientôt! (See you very soon!)

French Homework Club & French VCE Writing Workshops

French Homework Club and French VCE Writing Workshops are held every Wednesday lunchtime in Room 612.

Come along for support with homework tasks. French VCE students are highly encouraged to attend our writing work-shops which provide tips and tricks for producing highly articulate, descriptive language under timed, test conditions.

French teachers support students of all year levels with homework tasks. Mademoiselle Considine works directly with VCE teachers in order to fine-tune writing skills.

Venez nombreux! (Everybody's welcome!)

Alliance Française de Melbourne – VCE Units 3 & 4 French Immersion Day

The Alliance Française de Melbourne is hosting a VCE Immersion Day for French Units 3 & 4 on **Sunday 2 May, 10:00am – 4:30pm** in St Kilda.

Take advantage of this wonderful opportunity to better understand the format of the end of year ex-ams. Teachers will be running workshops and offering invaluable study tips. Please note that this is the same workshop that ran on 21 March earlier this year.

To enrol, please go onto the Alliance Française de Melbourne website: <https://www.afmelbourne.com.au/>

CATHERINE CONSIDINE, Languages Coordinator

SPORT

Diamond Valley Athletic Club

The Diamond Valley Athletic Club invites students and their parents interested in a season of Cross Country running with Athletics Victoria, to register their interest with DVAC Registrar, Lyn Davis on M: [0409 005 406](tel:0409005406) / E: ldavis_20@bigpond.com

Competition age groups for girls and boys are Under 14, Under 16, Under 18 and Under 20. As well, the competition is available to Open age, 40+ & 50+ age categories. Training sessions are conducted on Tuesday and Thursday afternoons at Willinda Park from 5:00pm as well as on Saturday mornings.

The season of Cross Country running with AV commences on Saturday 1st May with Cross Country relays at Jells Park, Wheelers Hill. Junior athletes run a distance of 3km and senior athletes run legs of 6km.

Come along to an Information Session at Willinda Park, Greensborough from 5:00pm on **Thursday 22 April 2021**. Meet with DVAC Coaches & club representatives to find out more about the season of Cross Country running with AV and training sessions.

Bring your running attire to join in a training session.

The 2021 Winter season offers a mixture of Cross Country and Road running to cater for all abilities.

For further information, contact DVAC Secretary, Max Balchin on [0409 350 280](tel:0409350280) or check the websites valleyaths.org or athsvic.org.au

MAX BALCHIN, DVAC Secretary

LIBRARY

Reading engagement matters because of the immediate magic and joy that comes from reading for pleasure. When students are engaged readers, literacy and learning outcomes improve. An added benefit is the improvement of emotional well-being.

Reading :

- Relieves stress and lowers blood pressure.
- Just six minutes of reading has been shown to lower heart rate and muscle tension.
- Improves memory.
- Reading activates the parts of the brain that create new synapses for memory.
- Make you smarter
- Reading enhances vocabulary improving articulation and increases creativity.
- Improves sleep
- Having a reading routine before bed tells your body it is time to relax and get some sleep.
- Increases empathy
- Reading fiction has been shown to improve understanding of other people's beliefs and world views.

RHONDA MALONE, Library Coordinator

STUDENT SERVICES

Teen and Young Adult Climate Change Chill-Out

COVID, COVID, COVID! That's all anyone talks about these days. Frustrating isn't it when you know that climate change is the other massive issue of our time and it hardly gets any attention?

Clean Energy Nillumbik is hosting two sessions on Saturday 24 April to bring together Nillumbik's teens and young adults to talk about how it feels to be a young person facing a climate-different future. Importantly, participants will dream up what practical action can be taken around Nillumbik and beyond to influence the way our community thinks about climate change.

If you are between 13 and 21, and would like to talk to like-minded peers about what you can do as individuals or a group, then join us for a very different start to 2021. This is where to go if you want to take some action but don't know where to start.

There will also be a guest appearance from Nillumbik local, Katta O'Donnell – she's suing the Australian Government for failing to address climate change.

Saturday 24 April

Senior Citizens Centre, Library Place, Eltham

Session 1: 10:00am to 12:00pm

Session 2: 1:30pm to 3:30pm

Because of pesky COVID we have limited places available. Grab your friends or come alone and make some new ones. You need to register at:

<https://www.cleanenergynillumbik.org.au/chill-out>.

Bring your mask and water bottle so we all stay safe on the day.

This event is funded by Council's Practically Green and organised by Clean Energy Nillumbik which is holding a wide range of free events and activities to RE-energise our community in 2021.

'Get Active Kids' Voucher Program

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each.

To be eligible for a voucher your child/dependant must be:

- Aged 4 to 18 years
- A resident in Victoria
- Named on a current (at the time of your application) Australian government health care card or pensioner concession card, and

- Named on a valid Australian Government Medicare card.

You can apply for more than one voucher if you have multiple eligible children/dependants.

To apply - <https://www.getactive.vic.gov.au/vouchers/how-to-apply/>

LOUISE HEATHCOTE, Student Services Leader

CANTEEN

A reminder for students to please put their lunch orders in at recess or before school to ensure they get hot food at lunchtime.

As we are heading into colder weather and more people are wanting hot food, the Canteen can not cater accordingly if students do not place a lunch order.

Please see the Community Announcements section of this newsletter for a full Term 2 Menu.

Thank you,

CAROLINA CONSTABLE, Canteen Manager

Community Announcements

Canteen Autumn Menu Prices 2021

Hot Food	Warm Stuff	Cool Stuff	Sandwiches and Wraps
Pin Wheel \$1.50	Sweet Muffin \$3.00	Fresh Fruit (piece) \$1.00	Ham & Cheese Sandwich \$3.50
Hash Browns (V) \$1.00	Veganite Cheese Scroll \$3.00	Banana Bread Slice \$2.00	Egg & Lettuce Sandwich \$4.50
Garlic Cheesy Bread \$1.50	Cheese & Bacon Roll \$3.00	Yogurt Tub \$3.00	Falafel Wrap (V) \$5.50
Dinos Saus (Z) \$2.00	Hot Jam Doughnut \$3.50		Chili Chicken Wrap \$5.50
Ham & Cheese Toasty \$3.50			Tandoori Chicken Wraps \$5.50
Tomato & Cheese Toasty \$3.50			Cheese & Salad Roll \$5.50
Egg Muffin & Relish \$3.50	Monday	Weekly Lunch Specials	Ham & Cheese Salad Roll \$5.50
Bacon Egg Muffin & Relish \$4.00		Pizzas	BLT - Bacon, Lettuce & Tomato \$5.50
Sausage Roll \$3.50	Tuesday	Pepperoni & Margarita	Roast Beef & Mustard Pickle Sandwich \$5.50
Spinach & Ricotta Roll \$3.50		Chicken Parmigiana Rolls	
Meat Pie \$5.00	Wednesday	Mushroom Parmigiana Rolls	
Beef Curry Pie \$5.00		Curry with Rice (Chicken or Beef or Vegetarian)	
Shepherd's Pie \$5.00	Thursday	Beef or Vegetarian Burritos with Cheese	
Hot Soup (V) \$5.00		Burgers- Beef, Chicken & Veggie \$5.00	
Hot Soup & Bread Roll \$5.50	Friday		Hot Chocolate \$2.00
Wedges \$5.00			Hot Tea & Coffee \$2.00
Wedges & Sour Cream \$6.00			Full Cream Milk & Soy available (V)
Pasta Bake \$5.00			
Vegan Pasta (V) \$4.00			
Neapol Pasta \$4.50			
		Sweet Things	
		Smarty Cookies \$3.50	Caramel Slice \$3.50
		Custard Tart \$3.50	Hedgehog Slice \$3.50
		Apple Cake \$3.50	

Please be aware that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Gluten Free Rolls, Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies, Gluten Free Chicken Tenders & Gluten Free Beef Burgers

Canteen is opened everyday at 8:45am for student and staff to place lunch orders for Recess or Lunch (V) = Vegan



Creative Minds
Nillumbik VCE Arts
and Studio Arts
students of 2020

**ELTHAM
LIBRARY
COMMUNITY
GALLERY**

Friday 23 April - Sunday 23 May, 2021

**ARTS AND
CULTURE** | 
Nillumbik

Creative Minds exhibition

Nillumbik VCE Arts and Studio Arts students of 2020

Friday 23 April - Sunday 23 May, 2021

A showcase of artworks created by Nillumbik's VCE Art and Studio Arts students.

Showcasing: Catholic Ladies College, Eltham College, Eltham High School, Plenty Valley Christian College.

Gallery opening hours

Monday - Thursday: 9am - 5pm

Friday: 9am - 6pm

Saturday and Sunday: 10am - 5pm

Please check website for potential changes in opening hours, visit: prl.vic.gov.au/locations/eltham-library

Opening event

**To be opened by Nillumbik Shire Council
Mayor Cr Peter Parkins**

Date Saturday, 24 April 2021

Time 2.30pm - 4.30pm

**Location Eltham Library Community Gallery,
1 Panther Place, Eltham VIC**

Image by: Shire of Eltham, VIC and Nillumbik

**ARTS AND
CULTURE**



Nillumbik



AUSTRALIAN COLLEGE OF
OPTOMETRY

MONDAY 12th APRIL 2021

Aboriginal / Torres Strait Islander

Eye Health

To make an appointment:

Times available between 9.30am & 3.30pm

For either date... please...Phone Shobha 84011303 *for your appointment*

At your appointment:

- ☛ speak with the Optometrist from the Australian College of Optometry about any eye health *concerns*,
- ☛ choose from a range of glasses - limit 1 pair per year,
- ☛ supply your Medicare card number,
- ☛ pay just \$10 – no extras facilities, so cash on the day *please*, for transition lenses/spare parts – it'll cost extra.

And if you can't make your appointment, just ring us to cancel.

******WHAT'S NEW???** *Where to go:

DPV HEALTH 31A Morang Drive Mill Park 3082

Please tell reception you have arrived for your appointment.

There is ample free onsite parking.

The Bus Route is 382 from South Morang Station and get off at the Mill Park Leisure Centre. Don't forget a face mask is still required on public transport.

Note: if you can't make this date the next Aboriginal Health Optometry Clinic at DPV Health Mill Park is

...or... MONDAY 10th MAY 2021

***When your new glasses are ready, we will contact you.**



VICTORIAN ABORIGINAL SPECIALIST OPTOMETRY SERVICES IS FUNDED BY THE VICTORIAN DEPARTMENT OF HEALTH AS PART OF THE VICTORIAN GOVERNMENT ABORIGINAL HEALTH STRATEGY, AND IS SUPPORTED BY THE VICTORIAN EYE CARE SERVICE



We acknowledge the First Peoples as Aboriginal Australians/Owners of the land on which DPV Health are located and pay respects to the Kulin Nations Elders and communities.



info@dpvhealth.org.au
dpvhealth.org.au

DPV Health Ltd
ABN 86 047 988 477
ACN 338 573 382



Brandswood

Audiology – Brandswood Hospital
Brandswood BIG Steps
Brandswood Dental Practice
Home: GP Super Clinic

Craigieburn

Craigieburn Dental Practice
DPV Health Craigieburn
DPV Health Home Services Intake
Mountbatten Home
Northern Health Craigieburn Health Service

Dalles

Home: Hub

Epping

DPV Health Epping
DPV Health Whittlesea Services Intake
Epping Community Services Hub
Epping Dental Practice
Grapeside Site

Meadow Heights

DPV Health Meadow Heights

Mill Park

Rozelle City Services
Mill Park GP Super Clinic

Roche Park

Roche Park BIG Steps

South Morang

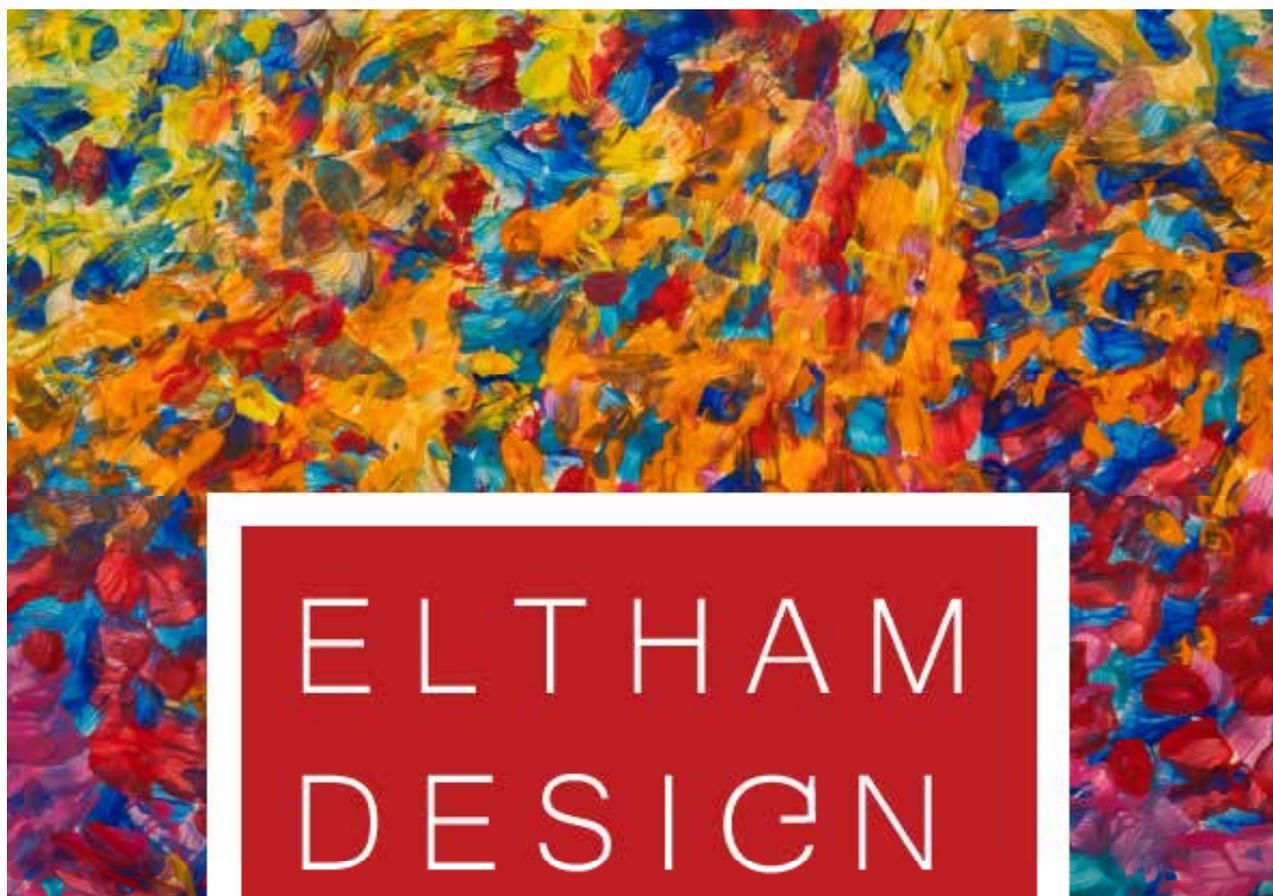
Farm Vigoro Community Cultural Centre

Whittlesea Township

DPV Health Whittlesea Township
Whittlesea Township Dental Practice

Whittlesea

Whittlesea DPV Health Services
Home: DPV Health Services



ELTHAM
DESIGN
MARKET

May 1. 2021 | 10am

**Eltham Community & Reception Centre
801 Main Rd, Eltham**

free entry - free parking

Newly Emerging Communities in the North – Community Information Forums

Spectrum and the Brotherhood of St Laurence (BSL) invite you to our free monthly forums for newly emerging communities in the North of Melbourne. See session times on the back.

Free monthly information forums on important topics, presented by professionals:

- Employment in Australia: barriers and how to succeed;
- Tax in Australia;
- How to get free legal advice for bills, debt, housing issues and more;
- Small business support;
- Parenting teenagers; and
- Women's health.

Contact

Gebreselasie Gebru



0428 013 087



gebreselasieg@spectrumvic.org.au



www.spectrumvic.org.au



Community Announcements

BANYULE CITY COUNCIL

YOUTH ADVISORY COMMITTEE

Council want to hear the views of young people to ensure we include you in our community consultation.

**BE HEARD!
GET EXPERIENCE!
CREATE NETWORKS!
CONTRIBUTE TO YOUR COMMUNITY!**

To register your interest, email naomi.simmonds@banyule.vic.gov.au and we will contact you when we are ready to recruit.



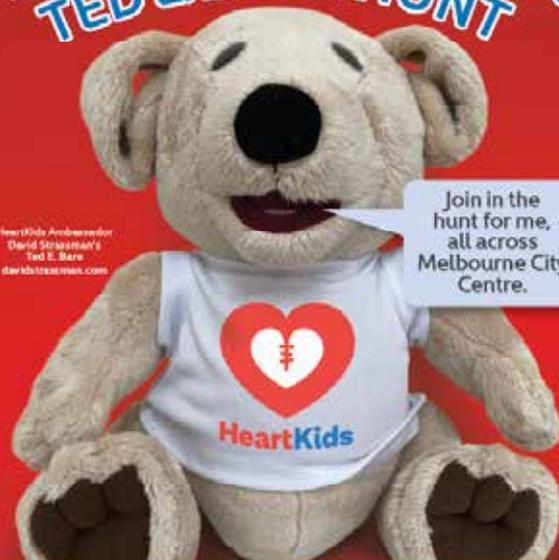
OPPORTUNITIES FOR SECONDARY SCHOOLS IN 2021



Banyule Youth Services work with young people who live, go to school, work or socialise in Banyule. We offer activities, resources and support for young people and their families. We also provide support to the youth sector and advocate on behalf of young people.



THE GREAT HEARTKIDS TED E. BARE HUNT



HeartKids Ambassador
David Straasman's
Ted E. Bare
tedebare.com

Join in the hunt for me, all across Melbourne City Centre.

Scan the QR code to download the app. Search for The Great HeartKids Ted E. Bare Hunt. Find the places that Straasman's Ted E. Bare is hiding, using the App, upload a selfie with Ted E. Bare and log your find. Share on social media tagging #HeartKidsBareHunt and the location. You have until the 30th of April 2021 to find all the locations and go into the draw to win great prizes. see app and website for details heartkids.org.au



Disclaimer: All participants are entering with no cash prize. The City of Melbourne is not responsible for any prizes or cash prizes. The City of Melbourne is not responsible for any prizes or cash prizes. The City of Melbourne is not responsible for any prizes or cash prizes.

ELTHAM JUNIOR FOOTBALL CLUB



PLAYERS WANTED 14YRS+

NEW ALL ABILITIES FIDA TEAM FOR 2021

TRAINING NOW ON. THURSDAYS 4:45-6:00pm at FABRO Paddock. COME DOWN AND HAVE A TRY!!

THE EJFC ALL ABILITIES GROUP IS LOOKING TO FIELD A TEAM IN THE FOOTBALL INTERGRATION DEVELOPMENT ASSOCIATION COMPETITION FOR THE 2021 SEASON

THIS IS A GREAT OPPORTUNITY FOR YOUNG MEN AND WOMEN TO PARTICIPATE COMPETITIVELY, LEARN NEW SKILLS, HAVE FUN AND MEET NEW FRIENDS IN A SAFE AND ORGANISED ENVIRONMENT



ENQUIRIES
ALLABILITIES@ELTHAMJFC.COM.AU
ELTHAMJFC.COM.AU/ALL-ABILITIES-FIDA
 LACHIE WADSWORTH – 0413 837 275
 MARK WORTLEY – 0438 772 552

USE THE QR CODE TO FIND OUT TRAINING TIMES, ELIGIBILITY AND MORE

DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"