



DATES TO REMEMBER



2018

MARCH

Wednesday 21
Athletics Carnival

Tuesday 27
2018 Elevate Education
Parent Seminar 7:30pm

Thursday 29
Last day of Term 1
2:30 finish for students

Wednesday 21 March - Athletics Carnival
Tuesday 27 - 2018 Elevate Education Parent Seminar 7:30pm
Thursday 29 March - Last day of Term 1 2:30 finish for students

PRINCIPAL'S REPORT

Student Achievement; World Greatest Shave

Congratulations to our Eltham High School team, whose great effort has resulted in raising \$13,200 (to date) for the Leukaemia Foundation in the 20th year of the World's Greatest Shave. The team captain, **Zac Broeren (Year 11, Everard House)** had been growing his hair for seven years and on Monday 19 March, on his 17th birthday; his very long, blonde locks were cut off for total donations of \$4,387. Similarly, **Chloe Machin (Year 9, Everard House)** sacrificed her very long brown hair for the \$3,542 that she raised for the cause. The other member of the team are: **Stephanie Kervin (Year 11, Stewart House); Steve Burgess (Year 12, Everard House); Rohan Marshall (Year 11, Andrew House); Noah Raz (Year 12, Rutter House); Fraser Ellis (Year 9, Rutter House); Connor Tyndall (Year 7, Everard House); Ms Lynda Hall (Community member, Honorary Everard House); Mr Peter Torey (Teacher, Stewart House); Ms Sarah McKinlay (Teacher, Rutter House).**

Everyone involved needs to be commended for their effort and congratulated for living the school value of Social and Environmental Responsibility. The longer locks of hair collected have been donated for the making of wigs. Clippings have also been donated to make compost or floating booms to absorb oil spills at sea. What a fantastic effort!



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SCHOOL CALENDAR

MARCH

Monday 19 - Tuesday 20

- Year 8 Surf Camp 8A and 8B

Tuesday 20

- Year 7 Group Volleyball Competition
- Year 7 Round Robin - Boys' Tennis
- Year 7 Round Robin - Girls' Tennis

Wednesday 21

- Athletics Carnival
- School Council 7:00pm

Thursday 22 - Friday 23

- Year 8 Surf Camp 8C and 8D

Friday 23

- Year 12 Outdoor Environmental Studies
Wilsons Prom Bushwalk
- Active Girls Boxing
- Chamber Ensembles Concert

Monday 26 - Tuesday 27

- Year 8 Surf Camp 8E and 8F

Tuesday 27

- 2018 Elevate Education Parent
Seminar 7:30pm

Tuesday 27 - Wednesday 28

- Year 8 Surf Camp 8G and 8H

Wednesday 28

- Northern Metropolitan Swimming
Finals

Wednesday 28 - Thursday 29

- Year 8 Surf Camp 8J and 8K

Thursday 29

- Year 11 Humanities Seminar
- Last day of Term 1 (2:30 finish)

APRIL

Monday 16

- First day of Term 2
- Camp at Outdoor School - Bogong
Campus

Thursday 19

- Open Day and Information Evening
for 2019 Prospective Parents
- Senior Boys and Girls Northern Zone
Volleyball

Tuesday 24

- ANZAC Ceremony

Wednesday 25

- ANZAC Public Holiday

Victorian Junior Athletics Championships

Congratulations to **Keely Boyne (Year 11, Everard House)** and **Jack Itter (Year 11, Andrew House)** who have both competed at the recent Victorian Junior Athletics Championships.

Keely won the Women's Under 17 100m Hurdles Championship in a time of 14.40. As well, she finished 2nd in the final of the 200m (25.47) and 4th in the final of the 100m (12.45).

Jack placed 5th in the final of the Men's Under 18 3000m. His time for the 3000m was 8:56.01. Jack was placed 8th in the final of the 1500m in a time of 4:14.87.

Two ex-Eltham High School students, **Maddison Coates (Class of 2015, Andrew House)** and **Tim Logan (Class of 2014, Everard House)** both had successful campaigns at the 2018 Victorian Open Athletics Championships.

Maddison showed a clean pair of heels to the rest of the field in the heat, semi-final and final of the 100m. In the final of the Victorian Women's Open 100m, Maddison won in 11.74.

Maddison will represent Australia in the Women's 200m at the 2018 Commonwealth Games on the Gold Coast. The heats of the 200m will be held on Tuesday 10 April. Maddison is also a member of the Australian Women's 4x100m Relay team that will compete in the Preliminary Round on Friday 13 April.

Tim Logan won through to the final of the Open Men's 1500m final where he finished in 8th position in a time of 3:56.94.

A great effort!

Bogong Outdoor School

Twenty three Year 8 students have been offered and have accepted a place at the Bogong Outdoor School 16 – 20 April.

The Bogong Campus, is set in a spectacular mountain environment with majestic alpine forests and a sparkling lake as a backdrop. Students attending have easy access to some of Victoria's best alpine country – the Bogong High Plains, for Program activities. The campus has an extensive and comprehensive range of specialized equipment to support the various Programs run throughout the year. Schools attending the campus normally share with at least one other school, working in mixed groups of 10-12 students.

Our students will be focusing their learning on a unit called "Working Together (social) component – with an overnight hike". This integrates with our school values of Respect for Diversity, with our curriculum of Respectful Relationships and is designed specifically for Year 8 students. Our key learning focus is "Collaboration and understanding of diversity (relationships)". Peter Torey and Roxanne Watts will be attending and will also run team building sessions prior to departure and assist students to integrate their learning upon return to the school.

It sounds like a fabulous opportunity and an outstanding experience. I look forward to hearing from the students on their return.

School Athletics Carnival

The School Athletics Carnival will take place on Wednesday 21 March. It is expected that all students attend.

The school wants to work with you, our parents and enlist your support to ensure that all of your children attend these whole school events. In your discussions at home please reinforce with your children that these events are compulsory and not optional.

We believe that our young people are able to live up to the high expectations set by the school; they might just need to be reminded from time to time from the home front. As such, I ask you as parents also to set high expectations for your children across all aspects of their school life including their attendance at whole school events.

We ask for your support in reiterating to your children that days like this are normal school days and that the school's expectation is that they attend and participate. Please help them to organize themselves for the day and in the morning send them on their way.

I thank you for your support with this matter.

Recognition of retiring School Councillors

I wish to thank and acknowledge the work of our two retiring Councillors, Joanne Kesteren and Nicki Hauser. Joanne has been on Council for a two-year term starting in 2016. During this time, she has been a valuable and active contributor not just to the work of the Council but also the work of the Planning and Policy Review Team and has seen many new initiatives and policies take shape during this time. Joanne has been a supportive parent. Her daughter, Ashlyn completed Year 12 in 2015 and her son, Braydon is currently in Year 12.

Thursday 26

- Intermediate Boys and Girls Northern Zone Volleyball
- Top Arts - Year 11 Art Excursion
- Year 7 Immunisations

Monday 30

- Year 8 Medieval Day - 8F, 8G, 8H, 8J and 8K
- Year 12 Legal Studies Court Excursion

MAY

Tuesday 01

- Year 8 Medieval Day - 8A, 8B, 8C, 8D and 8E
- Jazz Night 2018

Friday 04

- Generations in Jazz, Mt Gambier Tour
- VCE Careers Expo for Year 12
- County and Supreme Court Visit - Year 11 Legal Studies

Tuesday 22

- French Crepe Day

Thursday 24

- Year 11 Student Assembly

Friday 25

- Boroondara Eisteddfod 2018

Nicki Hauser has been on School Council since 2014. Throughout this time, she too has been a member of the Planning and Policy Review Team and has seen many new initiatives and policies take shape during this time. Nicky has been the School Council President since 2015 and I wish to acknowledge the extensive support that she has provided to the work of the Council, the School and me personally.

Nicki has always only been a phone call away and we have spent some great times working together on different projects as well as presenting together at the North East Melbourne Principal Forum in 2017. Nicky has been fundamental in the development of the Sporting Precinct Master Plan. She has worked alongside Sporting Clubs and other community members in order to bring this dream into reality. She has chaired meetings, maintained minutes and has met with architects and representatives of the Shire of Nillumbik. I am sure that without Nicki's help the project would not have progressed as quickly as it has. Nicki has also been a supportive parent and has represented the school with passion and diplomacy. Her daughter Rebecca completed Year 12 in 2017 and her son Sam is currently in Year 11.

I know that both Joanne and Nicki will remain connected to the school and I take this opportunity to wish them all the very best in the future, in both their work and personal lives.

Traffic Congestion

As you will all be aware there are a number of road and rail based projects on the go at the moment in our immediate area. Unfortunately, this is affecting the level of flow of traffic in and around our school. Buses are finding it difficult to move through the traffic and get students to school on time.

Whilst we are being very understanding, late arrivals are causing a level of disruption to the learning Program during period 1 and we would like your support to address this. If students catch the bus from Eltham Station to the school, it would be easier to walk from the station than try and travel by bus, at least for the remainder of this term. If you drive your child to school, perhaps leaving home a little earlier could minimise a late arrival. I would also suggest that rather than driving your child into the school that perhaps you drop your child off somewhere close to the school and make arrangements of where to meet at the end of the day at a distance from the school.

Unfortunately, students informed us yesterday that the 902 Bus had taken another route bypassing Eltham. A number of students ended up in Doncaster. We have contacted the bus company who informed us that they have altered the bus route and that the 902, in the short term, will not be travelling to Eltham or from Eltham.

The Company claims that due to the traffic congestion it puts their drivers' schedule out by about an hour. We obviously made them aware of our discontent that they would re-route a bus without notice. It is imperative that students who would normally take the 902 find another way of getting to and from school in the short term.

The Bus Company has assured us that they are trying to resolve the issue. We obviously do not want our students to have to find their way to school from Doncaster.

We will keep you updated as things change.

School Tours

The 2018 School tours are in full swing and we are continuously being inundated with requests for more tours. These tours provide a great opportunity for members of our community to see our school in action on a typical school day. Please let any friends of relative know about these tours and direct them to the General Office for further information and to book in for a school tour. Thank you for your support.

The School Open Morning and Information Night will take place on Thursday, 19 April. For further information, please refer to the school website www.elthamhs.vic.edu.au

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VINCENT SICARI, Principal

ROSTER FOR FEBRUARY 2018

Wednesday

- Athletics Day Carnival

Thursday

- Jane Davis
- Danielle Lonsdale

Friday

- Caron Aughey
- Michelle Mercer
- Anna Rattray-Wood

Monday

- Nicole Colenso
- Jacqueline Sinclair

Tuesday

- Kim Watson
- Michelle Spotswood

If you would like to volunteer for our canteen please send your email address and availabilities to; frm@elthamhs.vic.edu.au

ASSISTANT PRINCIPAL'S REPORT

Working Bee

This Sunday sees the first Working Bee at Eltham High School for 2018. We are hoping to see many students and parents in attendance. The key tasks for this working bee will be pruning and general gardening after a long dry summer. We will also be undertaking minor maintenance tasks. No special skills or equipment is required, however if you have a whipper-snipper and/or mower as well as safety equipment and would like to do some slashing / mowing, please bring it along!

As always our Working Bee runs from 9:00 – 12:00 and both morning tea and a BBQ lunch is provided.

Coles – Sports for Schools

Eltham High School is participating in the *Coles Sports for Schools Program 2018*. When you shop at Coles, please remember to collect the Sports for Schools vouchers and bring them into the General Office. There is a collection box located in the General Office. The more vouchers we collect the more sports equipment we will be able to exchange them for. Please get behind this Program to help us encourage our students to keep active and help our school.

Home - School Partnership: Compass Learning Tasks

At our recent Year 7 'Meet the Teachers Night' I spoke with families about the role that Compass can play to support learning both at home and at school. I would like to remind all families to stay in touch with their child's academic progress through actively monitoring Compass Learning Tasks.

When viewing the Learning Tasks tab on Compass there are two types of tasks which will appear that you should be looking out for.

Common Assessment Tasks (Year 7 - 10) or SAT / SACs (VCE)

These tasks are key, summative assessment tasks which are implemented in a common way for all classes in each subject. Students will be notified of these upcoming tasks through Compass, so if a task is visible on Compass without a due date, encourage your child to seek clarification about when it will take place. Feedback and achievement Levels can viewed by parents and students by selecting the individual task. It is expected that all staff provide feedback through Compass within a two week window from the time students complete the task. This is a guide and may sometimes be varied, however, parents and students are encouraged to contact teachers where they have a query as it is sometimes the case that a teacher has provided feedback on the tasks but has neglected to check the box which actually makes this feedback visible to parents and students.

Homework Tasks

While it is not mandatory, many teachers use Compass to deliver and monitor the regular program of homework that students receive. If this is not the case we encourage you as parents to make contact with teachers so that you understand the expectations and process for homework if it is not clear. This way you are able to better support the learning at home.

Compass will not be always updated instantly if work is submitted in hard copy or via email. This is only the case if it is submitted directly through Compass. Please encourage your child to clarify directly with their teacher if they believe the information listed on Compass is inaccurate. We see the Learning Tasks tab as a really positive tool, not only in helping students stay on top of their workload, but also as a way of supporting learning at home. 'How to' videos can be found on our website at <http://www.elthamhs.vic.edu.au/parentinformation.html> and of course if you have any feedback or queries, please contact us directly here at school.

Compass Calendar

Families will notice a new icon on their Compass menu. This will direct you to the Compass calendar and will replace the calendar that sits on our school website for families.

Information that will be included on the calendar includes whole school events such as Student Progress Interviews, Athletics, public holidays and exam dates.

I would encourage families to take a look at the calendar when you next log in to Compass

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TIM NATOLI, Assistant Principal

ELTHAM HS CLUBS
WHY NOT GET INVOLVED!

Drama

When: Wednesday (Junior)
Thursday (Senior)
Location: 111 Drama Space
Time: 3.20pm – 5.00pm
George Franklin
Drama Teacher

Scrambled Prince Workshops

When: Tuesday
Location: 111 Drama Space
Time: 3.20pm – 6.00pm
George Franklin
Drama Teacher

Interschool Debating Team

When: Monday Lunchtime
Location: Room 301
Madeleine Griffeth
Debating Coordinator

PRISIM

(People - Respecting - Individual's -
Sexuality - Identity - Movement)
When: Thursday Lunchtime
Location: Student Services
Louise Heathcote
Student Services Leader

**Tournament of Minds
(Year 7 - 10)**

When: Tuesday Lunchtime
Location: Room 154
Loren Clarke & Naomi Edrees
Tournament of Minds Coordinators

Eltham High School Environment Group

When: Wednesday Lunchtime
Location: Room 154
April Butterworth (Year 12)

Pottery Club

When: Friday Lunchtime
Location: Room 602
Donna Ayres
Technology Teacher

Language Conversation Club

When: Friday Lunchtime
Indonesian Club: Room 610
French Club: Room 612
Catherine Considine
Languages KLA Coordinator

PARENTS AND CARERS

Canteen Manager Position Available

Our wonderful Cate Frampton is leaving Eltham High School at the end of the week to begin her career as a Yoga instructor! If you would like to book a yoga class with Cate, please contact her at

k8frampton@gmail.com or 0437 006 053.

So the school is looking for a new Canteen Manager. Employment is for 30 hours per week (8:30 am to 3:00pm Monday – Friday) with leave paid during the school holidays so you can spend lots of time with your family.

Closing date for applications is Wednesday 21 March 2018.

See our school website for further details.

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KATHLEEN HANNAN, Business Manager

JUNIOR SCHOOL

National Day of Action against Bullying and Violence

On Friday 16 March we held our first Year 7 assembly to acknowledge the National Day of Action against Bullying and Violence. We heard from two of our Year 7 students, **Angus Ryan (Year 7, Andrew House)** and **Owen Connolly (Year 7, Andrew House)** about the importance of the day and about our social responsibility as members of the Eltham High School community. The responsibility that we have to be active bystanders should we ever find ourselves in a position where we see someone needing our help. We were fortunate to hear from our inspiring Senior School Leaders as they spoke to about the Eltham High School values and about how they related to them in their daily lives. Awards were presented to **Beau Duder (Year 7, Rutter House)** and **Samuel Edwards (Year 7, Everard House)** for the demonstration of their environmental responsibility through participation in Clean Up Australia Day and finally our swimmers pursuit of excellence was recognised in the age championship awards received by **Mason Grech (Year 7, Stewart House)**, **Evie Watson-Jones (Year 7, Rutter House)** and **Talisha Rowland (Year 7, Andrew House)**. It was a great assembly and we look forward to our Year 7s taking on the running of these assemblies as the year progresses.

The invitation to attend the Growth Mindset Home-School Partnership Forum is now on Compass. The focus of this forum is very much on supporting our families to have constructive conversations in a way that will support and nurture a growth mind-set. Ahead of this evening, students will receive their first interim report as high school students. On Thursday, we encourage all parents and guardians to login to view the report and to spend some time talking through the feedback with their student. Where there are areas for improvement, goals for Term 2 can be set and where there have been successes, recognition of the effort that has gone into those successes is key.

Should you need assistance viewing your student's report, a 'how-to video' is provided here:

<http://www.elthamhs.vic.edu.au/parentinformation.html#videoplayer1>

You and your student will have an opportunity to meet with teachers at the Student Progress Interviews from 4:00 - 7:00pm on April 26 and from 11:00am - 7:00pm on the May 2. Bookings for these interviews will be online and more information about these interviews and the booking process will be made available in early Term 2.

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MELISSA HUGHES, Junior School/Transition Leader

EXTRACURRICULAR CLASSES & TUTORIALS

Homework Club - Year 7

When: Thursday
Location: Room 142
Time: Lunchtime

Ashlea Oates
English/Integrated Studies Teacher

IT Support - Year 7

Get to know your surface Pro 3

When: Thursday
Location: Room 140
Time: Lunchtime

Luke Herring
ICT Leader

Smart not Scattered - Year 7

A group for Year 7 students wishing to get on top of their time management, goal setting and organisation.

When: Thursday
Location: Room 142
Time: Lunchtime

Ashlea Oates
English/Integrated Studies Teacher

Eltham High School Swim Squad

When: Thursday
Location: Watermarc
Time: 7.00am – 8.00am

Phil Boyd
Eltham High School Swimming Club
Coordinator

MIDDLE SCHOOL

Camp Dates

Year 8 C and D: March 22 - 23
Year 8 E and F: March 26 - 27
Year 8 G and H: March 27 - 28
Year 8 J and K: March 28 - 29

Oxfam Trailwalk 2018: 100km at a Snail's Pace or 24 hours for the Galloping Gastropods?

For the eighth consecutive year Eltham High School will be supporting a team in the Oxfam Trailwalk on 23 and 24 March. The Trailwalk is a 100 km fundraising event in which all four team members walk the whole 100km. Whilst participants (about 750 teams) have 48 hours to complete the distance, our Eltham High School team are aiming for an ambitious time of less than 24 hours. Training for this target is progressing well, with a recent training session seeing the team complete 50km in 9 hours. The 2018 team consists of Cameron Laurence, Simon Maurdev, Mitch Stewart and Ross McKinnon.

The Trailwalk is Oxfam's biggest fundraiser, with the 2018 Victorian Trailwalk aiming to raise over three million dollars (yes, \$3,000,000!) to support Oxfam's work both nationally and internationally. If you would like to support the fundraising efforts of the Eltham Gastropods, the simplest way is to make an online donation by following this link:

<https://trailwalker.oxfam.org.au/my/donate/payment/29991>

You can keep track of the team's progress using the team tracker page which can be accessed from the Oxfam Trailwalker page <https://trailwalker.oxfam.org.au> Thank you in advance for your support for this great event.



ROSS MCKINNON, Middle School Team Leader

SENIOR SCHOOL

Term One Administrative Dates

Athletics Carnival	Wednesday 21 March
Elevate Education VCE study skills - parent seminar	Tuesday 27 March 7.0pm-8.00pm

Elevate Education: Study Skills Parent seminar Tuesday 27 March, 2018

Study skills are an integral part of our students' educational program. At Eltham High School Year 11 students will engage with organisation *Elevate Education* as part of the Camp Program on Wednesday 14 March, specifically focussing on time management and memory mnemonics techniques. Year 12 students have engaged in two seminars as part of the Headstart Program including Study Sensei and Ace Your Exams to be followed by The Finishing Line seminar scheduled for Thursday 16 August, 2018.

In this seminar, the presenter will examine the skills covered in the sessions with a focus on the ways that parents can reinforce these skills at home. In addition, parents can utilise further resources through a dedicated website for parents at:

www.elevateeducation.com

The session is 60 minutes in length and is designed to be run as an open forum for discussion. This allows parents to ask the study skills experts any questions they have about being the parent of a secondary school student.

An invitation has been forwarded to parents/guardians of Year 11 and 12 students to attend this seminar with a request to please complete the reply slip and return to the Senior School Office by Tuesday 20 March, 2018.

ANNA PANAS, Senior School Team Leader

**PARENT
INFORMATION**

2018

Term 1:

Finishes 29 March 2:30 finsih

Term 2:

Starts 16 April

Finishes 29 June

Term 3:

Starts 16 July

Finishes 21 September

Term 4:

Starts 8 October

Finishes 20 December
(dependent on year level)

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2018

Working Bee Dates

- 25 March 2018
- 6 May 2018
- 17 June 2018
- 19 August 2018
- 14 October 2018
- 18 November 2018

Committee Meeting Dates

- 15 March
- 26 April
- 7 June
- 9 August
- 4 October
- 8 November

WORK EXPERIENCE - CAN YOU HELP? VET VCAL PROGRAM

Structured Work Placement within the VET Program

Students enrolled in a VET Program of study have the opportunity to access a structured work placement. Students enrolled in a VET study should be aware that some VET Programs mandate a set number of hours for satisfactory course completion.(These requirements have been addressed by your VET provider during the orientation period.)

Introducing BNLLN and SWL

Eltham High School works very closely with Banyule Nillumbik Local Learning and Employment Network (BNLLN) on a variety of Programs. This week we are featuring the connection between our VET and VCAL students, and the Structured Workplace Learning (SWL) Program.

Structured Workplace Learning is a placement designed to support student's vocational learning. Rather than purely observing, students have opportunities to develop their skills by participating in real workplace activities which align with their studies.

The SWL Program is government funded, with two main objectives. Firstly, it supports local employers to improve their capacity to host quality placements, with opportunities advertised on the state-wide SWL Portal. Secondly, the Program supports schools right across Victoria to access those industry placements, many of which were not previously available. Since the portal launch in mid 2016, over 4000 host workplaces have joined the program, with almost as many students taking advantage of the placements on offer.

Many students from Eltham High School have accessed opportunities with BNLLN's support, and we look forward to strengthening that connection in 2018.

Could you give a student the chance to learn more about your industry? Your child will need someone to give them a go, to get them started on the road to success, to provide mentoring and guidance as they enter the world of work. Could you be that person for someone else's child?

Hosting placement in your business can;

- Promote interest in career pathways within your industry
- Develop your future workforce but using placements as a low cost, low risk recruitment strategy
- Develop your staff as they mentor a young person in your workplace
- Assist local young people into future careers
- Raise your community profile

Check out the SWL portal to see the range of current opportunities, and the promotional video featuring ex-Eltham High student, Madi Hart.

www.workplacements.education.vic.gov.au

If you're ready to host, or would simply like to know more, please contact Terri Wood at woo@elthamhs.vic.edu.au

Monica Rigby at BNLLN on 9431 8012 or monica@bnllen.org.au

All structured workplace learning arrangements in Victoria must be made using the Structure Workplace Arrangement Form which can be accessed at

<http://www.education.vic.gov.au/school/teachers/teachingresources/careers/work/Pages/structuredlearning.aspx>

TERRI WOOD, VET Coordinator

CAREERS

Year 10 Work Experience Monday May 7 – Friday 11

Year 9 Work Experience Monday 10 – 15 December

Its never too early to start planning your 2018 placement so now is the time to think about more career related placements. Keep an eye on Compass, Careers Website and our Newsletter for ideas and options. Students can access forms through the careers website at www.elthamhighcareers.com

There is the standard Placement Form along with a Transport/Accommodation Form, if necessary. Students have also been provided with a list in PDF form of previous employers, by occupation, to assist in finding a placement. Any queries should be directed to Ross Pringle at: pri@elthamhs.vic.edu.au

ELTHAM SPORTS TIMETABLE

MARCH

Wednesday 14

- Year 8 Beach Volleyball

Thursday 15

- Year 9 and 10 Beach Volleyball

Friday 16

- Year 11 and 12 Beach Volleyball

Monday 19 - Tuesday 20

- Year 8 Surf Camp 8A and 8B

Tuesday 20

- Year 7 Group Volleyball Competition
- Year 7 Round Robin - Boys' Tennis
- Year 7 Round Robin - Girls' Tennis

Wednesday 21

- Athletics Carnival

Thursday 22 - Friday 23

- Year 8 Surf Camp 8C and 8D

Friday 23

- Year 12 Outdoor Environmental Studies Wilsons Prom Bushwalk
- Active Girls Boxing

Monday 26 - Tuesday 27

- Year 8 Surf Camp 8E and 8F

Tuesday 27 - Wednesday 28

- Year 8 Surf Camp 8G and 8H

Wednesday 28

- Northern Metropolitan Swimming Finals

Wednesday 28 - Thursday 29

- Year 8 Surf Camp 8J and 8K

APRIL

Thursday 19

- Senior Boys and Girls Northern Zone Volleyball

Thursday 26

- Intermediate Boys and Girls Northern Zone Volleyball

A list of previous employers can be found on the school website under "School Handbooks > Middle School > Career documents".

Year 10 – Melbourne PolyTechnic Trade Taster Day - Thursday 10 May 9.00am – 3.00pm

There will be two sessions for the day with 7 different activities in each session. A maximum of 12 students can attend. If you are interested in attending please email Mr Pringle on:

pri@elthamhs.vic.edu.au

ROSS PRINGLE, Careers and Pathways Coordinator

MUSIC

Music Calendar 2018

You will find a copy of the Music Calendar in the resources section of your child's large ensemble (ie. Symphonic Band, Senior Strings etc.) At this stage there is of course a few dates that are still to be decided, as the various festivals like VSMF and South Street have not confirmed their dates. We will have these dates at some stage in Term 2 and we will provide you with an update then.

It is important that you go through the calendar and find any relevant dates for your child. I would like to draw your attention to the dates for the Mid-Year and Celebration Concerts in particular. Last year there were a lot of students who were not able to perform at these concerts due to having other commitments on that evening. It is essential to the success of the Ensemble Program that all members are at the performances, so please make this a priority when other commitments come up. Each part and player is important and helps create a great experience for all of the musicians involved.

Lastly, there has been a lot of changes in the Instrumental Music Staff for 2018, in particular the Ensemble Directors. As a result you will notice that there are no tours for Symphonic Band, Concert Band and Intermediate Band in 2018. We felt that with all of the changes it was important to have a calendar that was not as busy, so that all of the Ensemble Directors can have more time to focus on the development of the ensembles, rather than the many hours that it takes to organise the tours.

After School Music Lessons available for Guitar, Electric Bass and Drumkit

If any student is interested in lessons on guitar, electric bass or drumkit in our after school Music Program, our teachers have places available. Please contact the Music Office for more details.

If you have any queries about the Music Program, please contact the Music Office on 9430 5127 or email Jane, our Music Secretary, at nio@elthamhs.vic.edu.au

Music Lessons And Rehearsals

The first rehearsal for our Training Band and Junior Strings will be held on Tuesday 20 March. Please ensure you check Compass for your scheduled lesson and rehearsal times.

Training Band	Tuesday 7:30-8:45am in Room 306 (Students to arrive by 7.15am) (commences 20 March)
Junior Strings	Tuesday 7:30-8:45am in Room 904 (Students to arrive by 7.15am) (commences 20 March)

Music Fees for Training Band and Junior Strings

The Music fees are payable by instalments.

Our accounts area will be emailing out invoices for the Training Band/Junior Strings music fees. The first instalment is due by 30 March 2018 for \$350.00.

Payment of the Music Fees can be made by completing and returning the credit card details on the form included in the Resources Tab of each main ensemble, or by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email our accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email they may allocate the funds to other areas.

If you do not know your BPay reference number please contact the school's Revenue Administrator, Stella Angelico on 9430 5118 or by email at accounts@elthamhs.vic.edu.au

The second instalment is for the lesson fees for Training Band/Junior Strings which is \$800.00 due by 29 June 2018.

The third instalment is for any other items i.e. instrument hire, percussion equipment hire, other ensembles like Junior Jazz Band etc. The third instalment is due by 21 September 2018.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries. Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Your prompt payment of the fees is appreciated. If you paid an initial deposit of \$300.00 this has been adjusted on your account.

We are looking forward to another great year filled with wonderful music.

Absence from Rehearsals

Could all parents/guardians please ensure their child's absence from a rehearsal is approved via the Compass Parent Portal. Please note if you approve a full day absence this will usually not include the ensemble rehearsal time. You will need to approve this separately. You can retrospectively approve absences.

RICK PLUMMER, Director of Music

SPORT

Physical Education Classes 2018

All students in Years 7 - 10 will be involved in Physical Education classes in 2018. It is important that students are actively engaged during these classes. As part of this all students are required to wear appropriate clothing for participating in physical activities.

Years 7 and 8

All Year 7 and 8 students are required to wear our Eltham High School Physical Education uniform in Physical Education and Sport. Students need to wear appropriate footwear.

Physical Education uniforms can be purchased at school (pay cashier).

Cost:

- Polo \$38.00
- Shorts \$30.00
- Cap \$15.00

Years 9, 10 and VCE

Students are required to bring a change of clothes for practical Physical Education classes, which is appropriate for participating in physical activity. Students need to wear suitable footwear.

Volleyball Facebook Page

We have created a Facebook page. Look for 'Eltham High Volleyball'. There will be lots of photos appearing. If you do not want your child's photo to appear on this page, please let me know.

Training for Honours teams

Honours teams will start morning training this week.

Team	Coach	When
Open Boys honours	Darcy Sharples	7.00am Friday
U/17 Boys Honours	Daniel Notting	7.00am Friday
Open Boys Division 1	David Dunn	7.30 am Friday
U/16 Girls Honours	Thommo	7.00am Wednesday
U/16 Boys Honours	Cale Skidmore	7.30 am Wednesday
U/15 Boys Honours	Sean Van Oosterwijck	7.30 am Wednesday
Open Girls Honours	Gabby Seymour/Gav	7.00am Thursday
U/17 Girls Honours	Jacqueline Harrington	7.30 am Wednesday

Volleyball Dates

Friday 27 - 29 July	Victorian Schools' Volleyball cup
Sunday 9 - 14 December	Australian Volleyball Schools' Cup

GREG THOMAS, Volleyball Coach and Sports Teacher

Diamond Valley Athletic Club

The Diamond Valley Athletic Club invites students and their parents that may be interested in a season of Cross Country running with Athletics Victoria, to attend a trials and registration day at Willinda Park, Greensborough at 9:00am on Saturday 14 April, 2018.

Competition age groups for girls and boys are Under 14, Under 16, Under 18 and Under 20. As well, the competition is available to Open age, 40+ & 50+ age categories. Training sessions are conducted on Tuesday and Thursday afternoons at Willinda Park from 5:00pm as well as on Saturday mornings.

The season of Cross Country running with AV commences on Saturday 21 April with Cross Country relays at Jells Park, Wheelers Hill.

Come along to the DVAC Trials & Registration Day to:

- Find out more about the season of Cross Country running with AV and training sessions.
- Take part in the 3km (Juniors) or 6km (Seniors) Trail run.
- Register for a season of Cross Country running

For further information, contact DVAC Secretary, Max Balchin on 0409 350 280 or check the website www.valleyaths.org

MAX BALCHIN, Diamond Valley Athletic Club Secretary

LANGUAGES

French Homework/Conversation Club – Tuesday lunch time

All students of French are welcome to attend French Homework Club which is held every Tuesday lunch time in room 612.

Students have access to French teachers who can provide them with extra support for their studies. Students are also encouraged to take advantage of the session to practise spoken French with peers/teachers.

Pratiquons le français ensemble! Let's practise French together!

CATHERINE CONSIDINE, Languages Coordinator

SCIENCE

Upcoming STEM Competitions

Students are encouraged to sign up for the following upcoming STEM challenges. Email jav@elthamhs.vic.edu.au for more information.

Australian STEM Video Game Challenges for Years 7-12

<https://www.stemgames.org.au/>

Students will need to enter in teams of 4. If interested, they can email me.

Deadline for registration is April 27 2018

ANAM JAVED, Science Teacher

RANQ Competition 2 August 2018

The RANQ competition is a Chemistry quiz consists of 30 multiple choice questions to be answered in 60 minutes. The divisions are Junior Years 7-8, Intermediate 9-10, Senior Year 11 and Final Year 12. Students may complete the quiz online or use a pen and paper format to complete the competition. All students will receive a certificate for their effort.

Big Science Competition 7 May – 16 May 2018

The Big Science competition is open to all students in Years 7 – 10. This competition consists of unique questions that require more than factual recall. Students in this competition may also use pen and paper or go online to complete the competition.

If you'd like to participate in any of these competitions, see Mrs McDonald in the Science Office (801) any time!

JULIE MCDONALD, Science Teacher

The 6th BrainSTEM Innovation Challenge

This week, our three teams have been assigned their mentors: **Alex Harrison (Year 9, Andrew House)**, **Ben Heath (Year 10, Rutter House)**, **Raffy Howse (Year 9, Stewart House)**, **Mitch Wadsworth (Year 9, Rutter House)** will meet their mentor, Dr Charlie Ranscombe this Friday to begin the discussions around their project.

Sasha Brooke (Year 10, Everard House), **Aneurin Brown (Year 10, Rutter House)**, **Joe Leahy (Year 10, Stewart House)** and **Miro Zelazny (Year 10, Stewart House)** are going to work with Dr Shaun Gietman from Swinburne University

Emily Flather (Year 9, Andrew House), **Natasha Ransley-Raven (Year 9, Everard House)**, **Mia Reber (Year 9, Everard House)** and **Reni Stein (Year 9, Everard House)**, will be with Dr Shanti Sibuea from Monash University's Parkville Faculty of Pharmacy and Pharmaceutical Sciences.

If you would like to take part in the 7th BrainSTEM Innovation Challenge in second semester, simply ask your Science teacher or Mr Coventry (Science Coordinator) in the Science Office (801) and you can go on the list!

ROB COVENTRY, Science KLA Coordinator

INTEGRATION

Is your child on the Autism Spectrum? The I CAN Network runs camps for teens that are specifically designed to support and challenge teens on the spectrum in a safe and supportive environment. Camp dates and locations as follows:

23 March – 25 March 2018 Camp Cooriemungle Victoria

18 May – 20 May 2018 Doxa Malmsbury Victoria

31 August – 2 September 2018 Doxa Malmsbury Victoria

19 October – 21 October 2018 Kangarooie Camp Victoria

For more information including Cost of each camp please contact I CAN Network on the following details:

ican.network/camps or camp@ican.network

SUE PICKETT, Additional Needs Coordinator

STUDENT SERVICES

Nillumbik International Women's Day Dinner The Violet Fem's – Feminist Collective

On Thursday 8 March, we attended the Nillumbik International Women's Day Dinner with Louise Heathcote (Student Services leader).

When we arrived, there were many interesting stalls with books, jewellery, clothes, cards, and art. All run by women from small local businesses the stalls had a women's theme, for example the Eltham Book Shop displayed a wide range of books by local female authors as well as feminist themes and perspectives.

When we sat down for dinner with men and (mostly) women from across the Shire we heard a range of performances from local young female performing artists including Eltham High's very own Joy Van Diemen-Hartleif singing her original song "What if", the entertainment was organised by "FREEZA" which is a support group for young performers, supported by Nillumbik Shire's Youth Workers. Mid way through the evening, there was a panel of many inspirational women. Including - Janice Crosswhite OAM, the founding president of Australian Women's sport and Recreation Association; Susan Hawthorn, award-winning novelist, poet and publisher; Aunty Pam Anderson, NAIDOC National Sports person of the year and Ambassador; Rhiannon Tracey, former young Australian of the year recipient and motivational speaker; Collen Woodley OAM, JP, former Victoria Police officer and author of "Arresting Women". They all shared stories and life experiences, which were all so different.

This event was such an amazing experience as we heard from many exceptional women living lives full of purpose and overcoming a variety of challenges. The event has informed us on feminist issues that are still unresolved and has given us many things to discuss at the next Violet Fem's meeting. However, most of all it was a great night to celebrate women's empowerment and progress, it made us feel proud to be included as young feminists.

Alysia Makridis (Year 10, Stewart House) and **Emily Flather (Year 9, Andrew House)**



Addressing cyberbullying

This can help if:

- your teenager is being cyberbullied
- you want to know how you can help.

Cyberbullying is a serious topic that can seem overwhelming to both teenagers and their parents. It can be difficult to know when to seek help, and who to get help from. We take a step-by-step look at when and how to address a cyberbullying problem.

Initial steps

If your child is the subject of hurtful comments or images posted online, the first steps they can take are:

- don't respond to bullying behaviour
- keep evidence of bullying behaviour, via print outs or screen shots
- delete the offensive posts or messages once they've been documented
- untag or flag any photos for removal that are distressing
- unfriend or block the person that is posting hurtful comments
- set privacy settings and change any passwords that have been shared with others

What parents can do to help?

The first thing to do if your child tells you that they're being cyberbullied is to listen and be supportive. Cyberbullying is a serious issue that should not be trivialised.

- Talk to your child about what has been happening and try to get a clear picture about what has been happening and for how long it's been going on.
- Teach them how important it is to stay calm when dealing with bullying. Don't respond to bullying with aggression. Encourage them to call out the bullying behaviour in a calm manner. For example, 'Please stop sending these messages – this is bullying'.
- Go through the initial steps list above to try to put a stop to the abuse.

If the cyberbullying continues or intensifies, it's time to enlist some external help.

School

If your child knows who is bullying them from school, it's important to involve their school in the issue. Most schools have a bullying policy, often found on the school's website, that you can read to get a sense of how they will respond to the issue.

When contacting the school:

- involve your child in any decision or action
- have as much information as you can about the bullying - how long it's been happening and what's been happening
- make an appointment to see your child's teacher or an administrator at the school
- make a plan with the school on how to stop the bullying
- keep in regular contact with the school after the initial meeting to monitor the situation
- if you're unhappy with the school's response, try to meet again with the school, and failing that, contact the local education authority.

Social media and mobile phone providers

Social media and mobile phone providers can be a resource to call on in the case of cyberbullying. Mobile phone providers can assist with tracking in the case of abusive texts or calls and you are also able to report cyberbullying content to them.

eSafety Commissioner

The Office of the Children's eSafety Commissioner can also help with cyberbullying by getting offensive material removed from sites on your behalf. This is done by completing a complaint form on their website.

A complaint can be made to the eSafety Commissioner by any young person aged less than 18 years, and any adult who is a parent or guardian to a young person who is being cyberbullied. Complaints can be made via an online form on the eSafety Commissioner website.

Before making a complaint:

- contact the social media provider and report the abuse, keep proof that you have done this and keep a note of the date that the report was filed.
- gather as much evidence as you can such as screenshots, videos links and keep the message

Making a complaint to the eSafety Commissioner is the best way to go if you have reported abuse to your social media provider and the offensive material hasn't been removed within 48 hours.

Police

The police should be contacted in the case where the cyberbullying takes the form of intimidation and direct threats. They can help to track down the perpetrator in the case that the cyberbullying is anonymous.

Peer and professional support

Dealing with cyberbullying is an incredibly difficult thing to cope with for both children and parents. Alongside all of the strategies above, make time to reach out for support from family and friends, both for you and your child. Don't be afraid to access professional support like a counsellor or youth worker, particularly if the cyberbullying is ongoing or is having a impact on your child's wellbeing. You can also encourage your teen to participate in safe online peer-support through the ReachOut Forums for youth. It is a reputable, evidence based and professionally moderated online information and support service.

Young Carer Scholarships 2018

About the scholarship Program

Over 71,600 young people in Victoria are believed to have significant care responsibilities. They may support their mother, father, sister, brother or grandparent at home because of a disability or illness. Many are at risk of dropping out of school, or have difficulty establishing social networks and participating in activities that their peers enjoy.

Carers Victoria's Young Carer scholarships give young carers attending secondary school the opportunity to be acknowledged for their contributions to their family and the community and to participate in school or community based activities that enhance their skills, educational achievement and abilities, or that help them to participate more fully in their community.

Scholarships of up to \$500 are awarded to successful applicants.

Who can apply

Young Carer Scholarships are open to secondary school students who attend school in Victoria and provide care and support to a family member with an illness or disability.

Please note those who receive a Young Carer Bursary will not be eligible – bursaries. youngcarers.net.au.

How to apply

- Read the Carers Victoria Young Carers Scholarship Guidelines to ensure you are eligible and understand the terms and conditions.
- Complete the Carers Victoria Young Carer Scholarship Application form
- Obtain any Letters of Support from teachers or family about you and your role as a young carer.
- Mail to:

Carers Victoria Young Carers Scholarships
PO Box 2204
Footscray VIC 3011

Completed applications must be received by 5pm Friday 20 April 2018.

When will you be notified?

Applicants will receive notification regarding the success of their application for a Young Carers Scholarship in late May 2018.

Questions

If you have any questions regarding Young Carer Scholarships, please call 1800 242 636 or email events@carersvictoria.org.au or visit the Carers Victoria website at:

<http://www.carersvictoria.org.au/how-we-help/young-carers/young-carers-scholarship>.

PRISIM

PRISIM is 'People Respecting Individuals Sexual Identity Movement'.

All PRISIM members are invited to our weekly meetings every Friday during lunch time in student services.

Eltham High School's LGBT+ support group. All year levels are welcome to come and join.

.....
LOUISE HEATHCOTE, Student Services Leader

J
O
S
H

Motivation
Courage
Determination



Josh Davis Fundraising Auction Night Lets Do it For Josh!

Saturday 12th May 2018

- TO BE HELD:** Eltham Community Centre
801 Main Road, Eltham, 3095
- TIME:** 7:00 pm to midnight
- COST:** \$45 / head (\$5 from each ticket will be donated to Pat Cronin Foundation)
- PROVIDED:** Cocktail style, catered for with spit roast included in ticket.
Drinks available at bar prices
- TICKETS:** **Purchase Your Tickets Online:**
'Lets do it for Josh' online from Stickytickets.com.au
- MC:** Master of Ceremonies and Auctioneer – Marty Fields
- Marty Fields is an Australian stand up Comedian, Host/MC, Actor, Writer, Musician, Singer, and Radio Presenter from Melbourne. The son of Australian actor [Maure Fields](#) and Val [Jelley](#), Fields had long running roles on [Hey Hey It's Saturday](#).

Josh Davis, 25 years old, was recently involved in an accident causing significant damage to his spinal cord and as a result is a quadriplegic.

Josh loves to spend time with family, friends and his partner Jade. His love for the outdoors would see him, camping, fishing, and snowboarding and his competitive nature is evident when playing for the Eltham Rugby Union Football Club.

Josh worked very hard to become a qualified Electrician and recently purchased his first house.

The road to recovery isn't going to be easy for Josh, but he is strong willed, determined and will fight for the best outcome.

The lengthy extent of his treatment will unfortunately pose a hefty financial burden on Josh and his family.

Your support will help Josh on his long road to recovery.

**Contact Tracey Stanforth if you have any queries re tickets:
0425 183 742**

Come Along to a Great Night Out and Support Josh

Music
Great music provided



Raffles
Fabulous prizes
To be won

Dancing
After the formalities
Put on your dancing shoes



Entertainment

Auctions

We have some amazing items being auctioned

- Timber Carving
- Weekends Away
- House Cleaning
- Deer Head
- Photography Courses
- Furniture
- And more



CREATIVE MINDS

NILLUMBIK VCE ART & STUDIO ARTS
STUDENTS OF 2017

Thursday 22 March - Monday 23 April 2018

Showcasing: Catholic Ladies College, Diamond Valley College,
Eltham College, Eltham High School, Plenty Valley
Christian College, St Helena Secondary College

Opening Saturday 24 March 2018, 2pm - 4pm

To be opened by Nillumbik Shire Deputy Mayor Cr Karen Egan

Eltham Library Community Gallery, Partner Place, Eltham

GALLERY HOURS

11am - 5pm
12th - 14th March 2018
11am - 5pm
15th - 17th March 2018
11am - 5pm
18th - 20th March 2018
11am - 5pm
21st - 23rd March 2018

ELTHAM
LIBRARY
COMMUNITY
GALLERY



Community Announcements



School Leaver Employment Support

Aspect Capable and EACH have collaborated to provide an autism specific SLES (school leaver employment support) service which aims to support young adults in developing employability skills and work experience

Funding: SLES (school leaver employment support), core supports / community access or relevant NDIS funding

Location: Northcote, VIC

Date: Commencing April 2018

For further information or to register, please email Victoria Houchin at Vhouchin@autismspectrum.org.au

Steps to good wellbeing

Through a supportive, working relationship, your Wellbeing Coach will help you identify the steps to good wellbeing and develop strategies to achieve them.

- Recognise when something is not right**
Learn to look for early signs of stress, anxiety or depression.
- Work out what needs to change**
Explore and gain clarity on your thoughts, feelings and experiences.
- Get things under control**
Find new strategies to manage stress and improve wellbeing.
- Get on with life**
Identify internal and external supports and resources to draw on during times of stress.

Find out more

To discuss the service, make a referral or to learn more, contact us.

Neami Steps to Wellbeing

Phone 03 8691 5450
Fax 03 9459 5399
stepstowellbeing@neaminational.org.au

About Neami

Neami National is a community mental health service supporting people to improve their health, live independently and pursue a life based on their strengths, values and goals.

Our vision

Full citizenship for all people living with a mental illness in Australian society

Our mission

Improving mental health and wellbeing in local communities

www.neaminational.org.au



Contact us for interpreter services and translations.



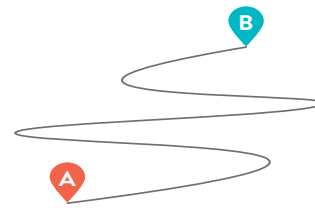
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Steps to Wellbeing

Get support to manage stress, anxiety and improve your wellbeing

stepstowellbeing.org.au



This service is supported by Funding From the Australian Government under the PHN Program

Neami - Steps to Wellbeing

Support to manage stress, anxiety and improve wellbeing

Over a period of up to six sessions, our wellbeing coaches assist people to:

- Identify their strengths and values to help set goals to live a more enjoyable and meaningful life.
- Implement strategies for managing stress and wellbeing.
- Recognise available resources and supports while finding new strategies to improve resilience and self-care.

Our Wellbeing Coaches help people through:

- Individual Coaching sessions
- Wellbeing Group programs
- Access to online supports and resources

Our coaching sessions are **FREE** and available via:

- Face to face appointments – Heidelberg, Blackburn and Croydon locations
- Telephone
- Online video coaching
- After hours appointments

Eligibility Criteria:

- Live/work in the North, Inner East and Outer East EMPHN region of Melbourne
- 16yrs and over
- Experiencing Increased stress
- Experiencing signs of Anxiety and/or Depression
- Not currently using clinical/community mental health services that are already providing psychological supports.

To discuss the service, make a referral or learn more:

Call 8691 5450, visit stepstowellbeing.org.au or email stepstowellbeing@neaminational.org.au

stepstowellbeing.org.au





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TENNIS LESSONS
ELTHAM HIGH SCHOOL COURTS

TERM 1 SUMMER SPECIAL!
FOR THE FIRST 10 NEW STUDENTS
ENROL NOW & RECEIVE 30% OFF
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NEW HEAD TENNIS RACQUET FOR **FREE**

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