



**Eltham High School**



# Community News

**TERM 1 / WEEK 2**  
Tuesday, 05 February 2019

## DATES TO REMEMBER



2018

**Tuesday 12 February**  
School Photos

**Wednesday 13 February**  
Year 7 Watermarc Excursion

**Sunday 17 February**  
Eltham High School Working Bee

**Wednesday 19 February**  
Year 7 ICT Parent Information Evening  
6:30pm

**Tuesday 19 March**  
Year 7 Immunisations

**School Photos - Tuesday 12 February 2019**

**Year 7 Watermarc Excursion - Wednesday 13 February 2019**

**Whole School Swimming Carnival - Tuesday 19 February 2019**

**Year 7 ICT Parent Information  
Evening at 6:30pm - Tuesday 19 February 2019**

## PRINCIPAL'S REPORT

### Welcome back

A big welcome back to all of our students and staff to the 2019 School Year. In particular, I welcome all our Year 7 students and their families especially those joining our learning community for the first time. I must say that from my engagement with the students from day one, they are a fantastic group of young people. A strong sense of connectedness with our school and with each other is already evident. We are so happy to have each and everyone of them become part of our learning organisation. Here is a day from one of our Year 7 students on their first day reflection at Eltham High School:

### My First Day

*"The area surrounding the office was crowded, flooded with people who were now, in 2019 finally allowed to call themselves Year sevens at Eltham High School. As well as parents walking besides some of them, but not without getting told by their kids that they were 'too embarrassing'.*

*Although we were all quite apprehensive at the beginning of the day, we would all soon come to realise everyone was in the same boat.*

*We started off by having an assembly in The Nalleijerring Performance Centre with Mr Sicari, as well as some of the Year twelve leaders. They talked us through the school values and motto 'Deeds Count'. Each of them went on to talk specifically about a school value, giving their interpretation to each one and explaining what it means to them. They talked about the impact that each quality could make, if we adopted it, to our learning experience.*

*After that my class ended up sitting in the Drama Room for what seemed like ages, trying to decipher our locks for our lockers. Eventually an older student, or a 'locker expert' according to Mr Franklin came and helped us out.*

*Later on we had Ms Hughes, our English teacher and our Junior School Coordinator, who asked us the question "How does what Mr Sicari said this morning link to learning your locker combinations and how to unlock the lock?" We had multiple answers but mine was linking creativity and initiative to problem solving and coming up with a solution if your locker lock won't open.*

*We had breaks in between to socialise and also finally had Music during which the majority of my class participated in the timbre test. The timbre test would determine which instrument was best suited to each of us; which one would be best to pursue. Then returning to our Music Class for about fifteen minutes before we went back home to report how our day went to our parents.*

*The perplexing nature of high school comes from the fact you can feel so many different emotions that you can't describe all in one word. The apprehensive feeling entering, the sadness of leaving friends behind but the happiness of gaining some, meeting new people and additionally pursuing our interests. The underlying comfort and support Eltham High School teachers provide astounds me. It was so lovely getting to see them and work more closely with them a little more."*

**Indie Egglestone (Year 7, Rutter House)**

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Eltham High School  
T (03) 9430 5111 |  
ABSENCES: (03) 9430 5299  
eltham.hs@edumail.vic.gov.au  
www.elthamhs.vic.edu.au

## SCHOOL CALENDAR

### FEBRUARY

#### Wednesday 06

- Year 7 Instrumental Evening

#### Thursday 07

- Black Saturday Reflection - Period 2

#### Monday 11

- 2019 Debating Sign-Up Meeting - Lunch time in Room 301

#### Tuesday 12

- School Photos

#### Wednesday 13

- Year 7 Watermarc Excursion

#### Thursday 14

- Year 7 Round Robin - Cricket
- Year 12 Headstart Seminar - Ace Your Exams

#### Sunday 17

- Working Bee

#### Tuesday 19

- Eltham High School House Swimming Carnival
- Year 7 Parent ICT Information Evening - 6:30pm in Room 101

#### Thursday 21

- Senior Round Robin
- Year 12 Humanities Seminar - Period 1

#### Friday 22

- School Photos Catch Up

#### Wednesday 27

- Year 7 Meet the Teachers Evening - 6:00pm in Room 101

### MARCH

#### Friday 01

- Nillumbik Swimming

#### Saturday 02 - Sunday 10

- Adelaide Fringe Festival 2019

#### Friday 08

- International Womens Day Breakfast

#### Wednesday 13

- Year 12 Supreme and County Court Excursion

#### Friday 15

- Year 7 Assembly - Period 3

At the first assembly for the year with each of the year levels, we reflected on our school purpose statement and the fundamental school values that define who we are and what we stand for. A number of our Senior School leaders presented their understanding and interpretation of one of the values and this reinforced to the students just how important it is to first understand the values and secondly align with them for a successful progression through the school over the years. I ask parents/guardians for your ongoing support and encouragement of our young people during their time away from school as well as for what the school is aiming to achieve.



At the same assemblies, we communicated to the students that at Eltham High School, the default position is a growth mindset as opposed to a fixed mindset. It was heart-warming to see our Year 7 students pick up on this very quickly even in the most mundane, operational task of opening their locker locks, persevering and saying to themselves, I cannot seem to do this yet but I know that with some help I will be able to do it.

In my presentation to the students, I went through our school vision for our young people:

**To develop creative students who are active seekers, users and creators of their own knowledge,**

**who have a strong sense of responsibility towards society and the environment and who act with integrity and show that "Deeds Count."**

At each year level, we spent a little time exploring what this means and how we need to work together in order to fulfill this vision for every child. Again it was surprising to see that at least one of our Year 7 students, on say one was able to define and articulate "Deeds Count" as being the School Motto. Very impressive!

Our Year 12 students were very excited to be back and get straight into the work that lies ahead. Our Year 11 students were immediately presented with information about their Study Camp. Year 10 students were excited to now be part of the Senior School as well as by the prospect of being supported to identify their particular pathway into the senior Years and beyond. Year 9 students were enthusiastic to be back and primarily to be able to experience learning through the choices they made in relation to the Elective Program. It will be an exciting Year for Year 8 students; In addition to their Curriculum Program a number of exciting experiences will open up to them as the school further engages with the Banyule/Nillumbik Tech School through the STEAM/STEM initiative.

In summary it seems that we have made a good start.

I welcome a number of staff joining us for the first time:

- Lucinda Blackburne (English/Humanities) – Leading Teacher, Whole School Professional Growth Coach
- Natalie Heath (IT/Music/Media) – Leading Teacher, e-Learning/ICT Leader
- Kayla Bertocini (Mathematics)
- Qiao Huang (English)
- Emily Clarke (Music)
- Lauren McNally (Arts)
- Ilse Middleton (Mathematics)
- Chris Serong (Humanities)
- Katherine Turner (PE/Health)
- Damian O'Rourke (Science)
- Anthony Young (Humanities) – Position of Responsibility, Volleyball Program.
- Lorna Gornalle (Integration)

I wish all the new staff the very best as they engage with the school in their crucial role in facilitating and supporting the learning of our young people.

### Monday 18 - Friday 22

- Year 9 Camp at the Outdoor School - Bogong Campus 2019

### Tuesday 19

- Year 7 Immunisations

### Wednesday 20

- Year 7 Round Robin

### Friday 22

- Year 12 Outdoor Environmental Studies - Wilsons Prom Bushwalk

### Monday 25 - Tuesday 26

- Year 11 Study Camp to Forrest Edge

### Wednesday 27

- Northern Metropolitan Region Swimming

### Thursday 28

- Eltham High School House Athletics Carnival

I take this opportunity to remind our parents of the use of the Compass Parent Portal, if you are a new parent and do not have your username and password please contact the relevant Sub-School Office through the General Office on 9430 5111. The Compass Parent Portal gives parents up to date information about your child's timetable, attendance, reports, upcoming events etc. as well as allow you to approve your children's attendance on excursions and to make payments on line plus a host of other things including access to your children's teachers via e-mail (a list of Teacher codes is included with this newsletter). If you have accessed the Compass Parent Portal before but have forgotten your password please contact the relevant sub-school office through the number indicated above.

See list of all teacher codes below. Teacher emails are followed by [@elthamhs.vic.edu.au](mailto:@elthamhs.vic.edu.au)

| NAME                 | CODE | NAME                | CODE | NAME              | CODE | NAME              | CODE | NAME               | CODE |
|----------------------|------|---------------------|------|-------------------|------|-------------------|------|--------------------|------|
| ABRAHAM, Gavin       | ABR  | EDREES, Naomi       | EDR  | JAVED, Anam       | JAV  | MULLINS, Fran     | MUL  | SHUKOR, Sha        | SHU  |
| AGAR, Christopher    | AGA  | ELLIS, Kimberley    | ELS  | JENSEN, Aaron     | JNN  | NATOLI, Tim       | NAO  | SMITH, Jennifer    | SMZ  |
| ALLEN, Hannah        | ALE  | ELORDIETA, John     | ELO  | KEATING, Sue      | KEA  | NICASSIO, Manuela | NIC  | SQUIRES, Darren    | SQU  |
| ALLENDER, David      | ALL  | FECONDO, Allesha    | FEC  | KEENAN, Rick      | KZZ  | NICHOLSON, Peter  | NIH  | STEVENS, Sarah     | STV  |
| AYRES Donna          | AYE  | FOOTE, Lisa         | FOO  | KESKINEN, Soile   | KES  | OATES, Ashlea     | OAE  | SUTTON, Jodie      | SUT  |
| BALY, Jon            | BAY  | FORD, Stephen       | FOR  | LAURENCE, Cameron | LAU  | OATES, Suzanne    | OAT  | TATE, Natalie      | TAT  |
| BERTONCINI, Kayla    | BET  | FRANKLIN, George    | FRA  | LEINER, Ute       | LEN  | O'ROURKE, Damian  | ORO  | TAYLOR, Jeremy     | TAO  |
| BONFANTE, Rhonda     | BON  | GANDOLFO, Vinnie    | GAN  | MACKINNON, Alice  | MNN  | PANAS, Anna       | PAN  | THEODOSIS, Lestina | THE  |
| BOYD, Philip         | BOD  | GEARY, Laura        | GEA  | MATTERS, David    | MAT  | PARKER, Tracey    | PAK  | TURNER, Briony     | TUU  |
| CASTLES, Lisa        | CST  | GEORGE, Meg         | GEO  | MAURDEV, Simon    | MAU  | PARRY, Diane      | PAR  | TURNER, Katherine  | TUE  |
| CELOTTI, Amanda      | CEL  | GRIFFETH, Madeleine | GRF  | McDONALD, Julie   | MCD  | PASCOE, Bree      | PAS  | VERONESE, Amelia   | VEO  |
| CLARKE, Emily        | CLK  | HAPSBERG, Matthew   | HAZ  | McKINNON, Ross    | MKI  | PETRIDIS, Jim     | PET  | WATTS, Roxanne     | WAZ  |
| CLARKE, Loren        | CLR  | HEATHCOTE, Louise   | HEA  | McKINLAY, Sarah   | MKL  | PICKETT, Sue      | PIC  | WHITELEY, Rob      | WHI  |
| COCCO, Tania         | COC  | HERRING, Luke       | HER  | McNALLY, Lauren   | MNA  | PIRAS, Gabriel    | PIR  | WHITTAKER, Douglas | WHA  |
| CONSIDINE, Catherine | COI  | HUANG, Qiao Ning    | HUA  | McQUEEN, LEE      | MCQ  | RUSTICA, Veronica | RUS  | WILLIAMS, Lynlee   | WIA  |
| COOPER, Nic          | COO  | HUGHES, Kathy       | HUG  | McQUEEN, Naomi    | MQQ  | SCANLON, Adam     | SCN  | WOOD, Terri        | WOO  |
| COTTER, Danielle     | COT  | HUGHES, Melissa     | HUH  | MIDDLETON, Ilse   | MID  | SEKER, Nural      | SEK  | YOUNG, Anthony     | YOO  |
| COVENTRY, Rob        | COV  | INGLIS, Susan       | ING  | MILES, Damien     | MIL  | SERONG, Chris     | SEN  | ZIADA, Yasemin     | ZIA  |
| DELANEY, Tish        | DEL  | INOUE-ANDERSSON,    | INO  | MOLINARI, Dominic | MOL  | SEYMOUR, Peter    | SEY  | ZHANG, Joanna      | ZHA  |
| DOHERTY, Michael     | DOH  | JACKMAN, Mark       | JAK  | MONIGATTI, Tim    | MOI  | SHEA, Kit         | SHZ  | ZORZAN, Adriana    | ZOR  |

A reminder that we run a four period day timetable across a ten day cycle with each period of instruction being 72 minutes. The bell times are as follows:

|       |                |
|-------|----------------|
| 08:45 | Warning Bell   |
| 08:55 | Period 1 start |
| 10:07 | Period 1 end   |
| 10:12 | Period 2 start |
| 11:24 | Period 2 end   |
| 11:49 | Warning bell   |
| 11:54 | Period 3 start |
| 13:06 | Period 3 end   |
| 13:50 | Warning bell   |
| 13:58 | Period 4 start |
| 15:10 | Period 4 end   |

Students have already been informed through the Assembly Program of the expectations around prompt arrival and what they need to do if they are late in the morning or to class during the day. For the information of parents, students will not be allowed in class late without a late pass, which, at present, they are required to collect from the Compass Kiosk in the General Office. This will allow ease with the collection of data and will also allow us to communicate with home when a pattern of concern becomes evident.

I ask parents to ensure that students arrive to school on time and get to each class on time. A brief discussion at home around this expectation would be very supportive of the school.

**ROSTER FOR FEBRUARY 2019**

**Wednesday**

- Volunteer Needed

**Thursday**

- Volunteer Needed

**Friday**

- Volunteer Needed

**Monday**

- Volunteer Needed

**Tuesday**

- Volunteer Needed

If you would like to volunteer for our canteen please send your email address and availabilities to our Canteen Manager, Carolina Constable at:  
[cob@elthamhs.vic.edu.au](mailto:cob@elthamhs.vic.edu.au)

**Student Achievement**

Congratulations to all the Class of 2018 for their outstanding results and on their success on gaining entry into their chosen pathways. In particular, I congratulate our School Dux, **Maya Ranganathan (Class of 2018, Everard House)**. Maya achieved an ATAR Rank of 99.65 and will be studying Law (Honours)/Arts at Monash University. Our students have been offered tertiary pathways in a vast range of fields primarily across a number of universities as well as a small number of TAFE providers. Further information about scholarships and awards will be presented, as it becomes known. I take this opportunity to wish all the students the very best in 2019 and beyond.

Congratulations to **Kane Jutson (Year 12, Everard House)** who has been selected for the VCE Season of Excellence. His folio and final pieces in Studio Art (which he completed as an enhancement subject in Year 11, 2018), will be exhibited in Top Arts later this year. More information on this exhibition will be forwarded to you as it becomes available. This is an outstanding achievement and I wish Kane the very best as he embarks on his Year 12 studies.

**Melbourne Computing Summer Camp**

Congratulations to **Aidan Davies (Year 10, Andrew House)** who over the summer break attended the Melbourne Computing Summer Camp. Outside of saying that Aidan represented our school in an admirable way I will leave the sharing of the experience to Aidan.

*“The Melbourne Computing Summer Camp is an experience I will not soon forget. The sheer joy of pursuing a field I am passionate about, surrounded by people doing the same, was an invaluable resource to education and employment in the expansive field of computing and IT. From start to finish, it was informative, enlightening and most of all, fun.*

*The variety of activities on display during the three-day period was incredibly impressive. Beginning with a virtual treasure hunt to gain familiarity with the location, it quickly gave way to insightful panels with experts in the field, hands-on experience with real programming languages and equipment, and exciting extras meticulously designed to engage us. This simple formula gave the whole thing a great sense of flow.*

*Meeting like-minded individuals was also a fantastic opportunity. Having multiple different groups for activities meant that everyone got to know each other very well, and that we would find people we really resonated with. Even something as simple as having breakfast, lunch and dinner was enriched greatly by getting to spend time with these brilliant, genuine people.*

*The whole thing culminated in a video project: to sum up the experience by creating a short video in iMovie. This gave me a great chance to reflect on the camp as a whole, as the hustle and bustle of everything gave me little room to breathe until this point. Compiling the best moments to show to our parents made for a great round off to a wonderful journey.*

*I am truly honoured to have had the opportunity to go on the Melbourne Computing Summer Camp, and would like to thank Ms. Anam and Mr. Sicari for their support and encouragement. The extensive journey made me giddy to see where a career in computing could take me next.”*

**Student Leadership**

At the conclusion of the process, our Senior School leaders were announced at the respective first day assembly. I take this opportunity to introduce our two school leaders to our community and to congratulate them on having been appointed to their positions. I also take this opportunity to thank the Senior School Team and Mr Peter Torey for the work that they did to implement the selection process.

**School Leaders:**

**Lily Whiteman (Year 12, Rutter House)**  
**Zac Broeren (Year 12, Everard House)**

**House Leaders:**

| House   | Year 12 House Leaders | Year 11 House Leaders |
|---------|-----------------------|-----------------------|
| Rutter  | Sydney Passey         | Lucy Baker            |
| Stewart | Ella Dickinson        | Bailey Johnson        |
| Andrew  | Stephanie Richards    | Elias Prague          |
| Everard | Olly Faldon           | Patrick Polidano      |

**ELTHAM HIGH SCHOOL CLUBS**  
**WHY NOT GET INVOLVED!**

**Drama**

When: Wednesday (Junior)  
 Thursday (Senior)  
 Location: 111 Drama Space  
 Time: 3.20pm – 5.00pm  
 George Franklin  
 Drama Teacher

**Scrambled Prince Workshops**

When: Tuesday  
 Location: 111 Drama Space  
 Time: 3.20pm – 6.00pm  
 George Franklin  
 Drama Teacher

**Interschool Debating Team**

When: Monday Lunchtime  
 Location: Room 301  
 Madeleine Griffith  
 Debating Coordinator

**PRISIM**

(People - Respecting - Individual's -  
 Sexuality - Identity - Movement)  
 When: Thursday Lunchtime  
 Location: Student Services  
 Louise Heathcote  
 Student Services Leader

**Violet Fems**

When: Tuesday Lunchtime  
 Location: Room Student Services  
 Louise Heathcote  
 Student Services Leader

**Tournament of Minds  
 (Year 7 - 10)**

When: Tuesday Lunchtime Term 2 and 3  
 Location: Room 154  
 Loren Clarke & Naomi Edrees  
 Tournament of Minds Coordinators

**Pottery Club**

When: Friday Lunchtime  
 Location: Room 602  
 Donna Ayres  
 Technology Teacher

**Language Conversation Club**

When: Tuesday Lunchtime  
 Indonesian Club: Room 610  
 French Club: Room 612  
 Catherine Considine  
 Languages KLA Coordinator

**Team Leaders:**

| Team         | Year 12  | Year 11  |
|--------------|--|--|
| Enviro Team  | Kai Nolan (Andrew House)   | Ben Heath (Rutter House)<br>Elizabeth Banger (Rutter House)<br>Fin Deacey (Andrew House) |
| Harmony Team | Ella Dickinson (Stewart House)<br>Lachlan Everett (Rutter House)<br>Murphy Billings (Andrew House) | Sarah Treadwell (Rutter House)   |
| Peer Team    | Charles Hubbard (Rutter House)<br>Jemma Haber (Stewart House)<br>Darcy Drakes (Andrew House)       | Hannah Smailes (Andrew House)<br>Bailey Johnson (Stewart House)                          |
| Stem Team    | Anna Swoboda (Andrew House)<br>Kelsey Coutts (Andrew House)<br>Magdalena Stein (Everard House)     | Aneurin Brown (Rutter House)   |
| Comms Team   | Stephanie Kervin (Stewart House)   | Xanthia Watson (Rutter House)<br>Nathan Gunn (Andrew House)                              |

I am certain that all of our student leaders will continue in the path of their predecessors and represent our school in an admirable way by taking our school out into the community as well as bringing the community into our school. I look forward to working closely with them throughout 2019.

**Black Saturday Anniversary**

The anniversary of the events that took place on Black Saturday, 2009 is on Thursday 7 February. We will be remembering this day by conducting a ribbon tying ceremony around the memorial tree, which is located in the central courtyard of our school on **Thursday 7 February at 11:00 am**. Students and staff are invited to attend this expression of remembrance. All students will have the opportunity to make a yellow ribbon and to wear it on this day as a mark of solidarity.

A screening of the film "Forged from Fire" will take place in the Nalleijerring Performance Centre at Eltham High School starting at 7:00pm. All members of our community are welcome to attend. Book your FREE ticket here - <https://www.trybooking.com/ZZRO>

**Pride March 2019**

The Mid-Summer Pride March took place last Sunday, 3 February. A number of students, past students and staff participated in the march this year. It was great to see the number of students there. Once again, we marched under our Eltham High School Banner alongside representatives from other schools in our area. Congratulations to everyone that attended in support our school value of Respect for Diversity. Once again, a great effort!



**Student Accident Insurance**

Parents/guardians are reminded that the Department of Education and Early Childhood Development does not provide personal accident insurance for students. Likewise the school does not have a whole-school policy for personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including transport costs. Reasonably low cost accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance. Parents/guardians may wish to purchase such a policy for individual students.

## EXTRACURRICULAR CLASSES & TUTORIALS

### Eltham High School Swim Squad

When: Thursday

Location: Watermarc

Time: 7.00am – 8.00am

Phil Boyd

Eltham High School Swimming Club  
Coordinator

### Eltham High School Anthology

When: Tuesday

Location: Room 302

Time: Lunchtime

Steve Ford

Eltham High School Anthology  
Coordinator

### Eltham High School STEM Club

When: Every second Wednesday

Location: Room 802

Time: Lunchtime

Anam Javed

Eltham High School Science  
Coordinator

## Student Exchange Organisations approved by the VRQA and therefore DET

The following is a 2019 update of the Student Exchange organisations approved by the VRQA to provide student exchange programs in Victoria. The list changes each year so it is important that you check the current list rather than relying on old information.

| Name of organisation                                | Website  |
|---|--|
| AFS Intercultural Programs                          | <a href="http://www.afs.org.au">www.afs.org.au</a>                         |
| AFX Student Exchange Australia Ltd                  | <a href="http://www.afxstudentexchange.com">www.afxstudentexchange.com</a> |
| Association of German Teachers of Victoria          | <a href="http://www.agtv.vic.edu.au">www.agtv.vic.edu.au</a>               |
| Australian Institute of International Understanding | <a href="http://www.aiiu.com.au">www.aiiu.com.au</a>                       |
| IndoAustay Ltd                                      | <a href="http://www.aiav.org.au">www.aiav.org.au</a>                       |
| Rotary Youth Exchange Victoria                      | <a href="http://www.ryea.org.au">www.ryea.org.au</a>                       |
| Scholarships for Australian German Student Exchange | <a href="http://www.sagse.org.au">www.sagse.org.au</a>                     |
| Southern Cross Cultural Exchange                    | <a href="http://www.scce.com.au">www.scce.com.au</a>                       |
| Student Exchange Australia New Zealand Ltd          | <a href="http://www.studentexchange.org.au">www.studentexchange.org.au</a> |
| World Education Program Australia Ltd               | <a href="http://www.wep.org.au">www.wep.org.au</a>                         |
| Youth For Understanding Ltd                         | <a href="http://www.yfu.com.au">www.yfu.com.au</a>                         |

Each year we are asked about Student Exchange Programs that provide a reciprocal benefit. It is important that if you wish to engage in reciprocal exchange that you utilise the services of one of the organisations on this list. The school will not be able to enrol overseas exchange students coming through organisations not on this list because they would not be approved by the Department of Education and Training. If you need further information, please do not hesitate to call Kate Scalzo on 94305111 or e-mail [sca@elthamhs.vic.edu.au](mailto:sca@elthamhs.vic.edu.au)

### School Drop off and Pick up times

I remind all parents and guardians and inform new parents and guardians to our school that student safety is the primary consideration at all times including both drop off time and pick up times.

Whilst traffic seems to flow smoothly through the circular driveway of the school at the start of the day, there seems to be greater congestion at pick up time in the afternoon.

The circular driveway is to be used purely for drop off and pick up.

There is no parking available within the school grounds between the following time (**8:00 – 10:00am and 2:00 – 4:00pm**). "No Standing Anytime" signs are located within the school and it is important that parents/guardians adhere to these. Furthermore, double parking is illegal and within the school grounds, it causes further congestion, which in turn impinges on student safety.

We will be enforcing the use of the circular driveway purely for drop off and pick up of students.

As you move into the circular driveway, if your child is not at the front of the school you will need to exit the driveway and re-enter. You may need to do this more than once. Alternatively, it is advisable that you organise with your child another location for pick up.

As always, we will continue to expect everyone to abide by road and safety laws and procedures as they move through the driveway.

Subsequently, it is imperative that everyone behaves in a lawful and safe way out in Withers Way, Susan Street, Bell Street and Ely Street. We have informed the Ranger of the school's strategy and it is possible that the Ranger's office may take action against people who disregard road and safety laws out in the streets.

The school strategy is necessary in order to ensure the safety for the young people in our care.

I trust that you will understand the need for this direction and I ask you for your continued support to ensure the safety of our kids.

A further reminder that there have been changes to the parking areas on the north side of Withers Way across the road from the entry into the school. With the completion of Leisure Centre, redevelopment four parking bays have been converted into a bus-parking zone. This is to support the new entry into the Leisure Centre that has been designated a school entry. **From 9:00am to 3:00pm**, this area is purely a bus-parking zone. **Between 8:00am and 9:00am**, this area is a school drop off zone (5-minutes Stop). **Between 3:00pm and 4:00pm**, this is a school pick up zone (5 minute Stop).

I encourage you to use the drop off and pick up zone but also to adhere to the time restrictions to stop. Council Officers have been patrolling the area and they have been known to issue parking fines.

## PARENT INFORMATION

### 2019 Term Dates

#### Term 1:

Starts Year 7, 11 and 12  
Thursday 31 January  
Year 8, 9 and 10  
Friday 01 February  
Finishes Friday 5 April

#### Term 2:

Starts Tuesday 23 April  
Finishes Friday 28 June

#### Term 3:

Starts Monday 15 July  
Finishes Friday 20 September

#### Term 4:

Starts Monday 7 October  
Finishes Wednesday 20 December  
Dependant on Year level

## GROUNDS COMMITTEE

### COMMITTEE MEETINGS AND WORKING BEE DATES

#### 2019

##### Working Bee Dates

- 17 February
- 17 March
- 5 May
- 23 June
- 25 August
- 13 October
- 24 November

##### Committee Meeting Dates

- 7 February
- 7 March
- 24 April
- 13 June
- 15 August
- 19 September
- 14 November

We are always seeking new members for our Grounds Committee.

If you wish would like to get involved please contact Tim Natoli via email: [nao@elthamhs.vic.edu.au](mailto:nao@elthamhs.vic.edu.au)

If you do use the drop off and pick up zone on Withers Way can you please direct your children to cross the road at the school crossing both on arrival and on their departure from school. As you well know, congestion is high at peak times and we do not want to complicate things by students, crossing the road in front of incoming cars and placing themselves at risk.

Thank you for your support with this matter.

.....  
**VINCENT SICARI, Principal**

## PARENTS AND CARERS

### Reminder - Subject Fee and Essential Items Payments

A reminder to parents that Year 11 and 12 Subject Fees and Year 9 and 10 Semester 1 Subject Fees were due on **14 December**.

Subject Fee Payments fall into the Optional Extras category of School Council Approved Contributions and are offered on a 'user pays' basis with the expectation that the fee will be paid for in full. Shortfalls in payment of subject fees compromises the quality of the educational program on offer. Please note that students may be assigned to a course without a financial charge if subject levy payment is not received.

We request that Essential Educational Items fee payments are completed by 31 March. These fees fall into the Essential Student Learning Items category of School Council Approved Contributions and provide a range of services for students including locker, lock, photocopying, whole school sports days, additional ICT support as well as other essential items for practical subjects.

Your timely payment of Fees will ensure that we are able to deliver the course curriculum to students as planned in 2019.

Fees may be paid via BPay, cash or credit card. In cases of financial hardship, special payment arrangements can be made in confidence. Please contact Jacinta D'Avoine (Revenue Administrator) [9430 5118](tel:94305118). To view the Eltham High School Parent Payment Policy, please visit the Policies tab on the Eltham High School website.

### 2019 CSEF Applications

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- School camps or trips;
- Swimming and school-organised sport programs;
- Outdoor Education programs;
- Excursions and Incursions.

Applications for 2019 are now open, through until the end of term 2, 2019. If you applied for the CSEF at Eltham High School in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances. Eltham High School will apply for the CSEF on your behalf.

You will only need to submit an application form in 2019 if any of the following changes have occurred:

- New student enrolments: your child has started or changed schools in 2019 or you did not apply at the same school in 2018 or
- Changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Schools are able to accept and process applications up until the end of term two each year. CSEF payments are made to schools from March onwards each year.

### Secondary School Vaccinations in 2019

The Secondary School Vaccine Program offers free vaccines to Year 7 and 10 students. These vaccines provide protection against:

- Diphtheria, tetanus and pertussis (whooping cough) – one dose for Year 7 students
- Human Papillomavirus (HPV) – two doses for Year 7 students
- Meningococcal A,C,W,Y – one dose for Year 10 students

Parents/guardians of Year 7 and 10 students should look out for the vaccine consent card coming home from school with your child. Please read the information, complete and return the card regardless of whether your child is being vaccinated at school.

## ELTHAM SPORTS TIMETABLE

### FEBRUARY

#### Wednesday 13

- Year 7 Watermarc Excursion

#### Thursday 14

- Year 7 Cricket

#### Tuesday 19

- Eltham High School House  
Swimming Carnival

#### Thursday 21

- Senior Round Robin

### MARCH

#### Friday 01

- Nillumbik Swimming

#### Wednesday 20

- Year 7 Round Robin

#### Wednesday 27

- Northern Metropolitan Region  
Swimming

#### Thursday 28

- Eltham High School House Athletics  
Carnival

The Banyule Council immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide basic parent/guardian contact details to local councils for this purpose. Contact the school by 28 February 2019 if you do not want your contact details given to the Banyule Council immunisation service.

Additionally, the Commonwealth government is funding vaccinations for all children under 20 years of age who missed any scheduled vaccines, including a catch up program for Meningococcal ACWY vaccine for adolescents aged 15-19 years of age who have not already received the vaccine in school. If students have missed vaccines, either in childhood or adolescence, and require catch-up vaccines, they should speak with their immunisation provider. (ie. local council or GP).

.....  
**CATHERINE ZERNA, Finance Manager**

## JUNIOR SCHOOL

It has been a busy couple of days welcoming and settling in our new students – but at the end of day two there are already a number of students who seem to really have their heads around what's going on. For others the process will take a little longer and there are a range of activities in the coming weeks to support them with their transition.

Yesterday we conducted an assembly where we introduced the students to some key people who will be working with them in 2018.

Each class is assigned a co-ordinator who works with them and their teachers. This year the co-ordinators are:

**7A, 7B, E – Melissa Hughes (HUH)**

**7F, G, H and L – Jim Petridis (PET)**

**7C, D, J and K - Jenny Smith (SMZ)**

We are also fortunate to have Lestina Theodosis supporting us in the Junior School Office.

We welcome you to contact us at any time and we look forward to establishing strong home/school relationships. Please also make contact with your child's specific subject teachers should you have any questions or concerns.

### Year 7 ICT Meeting and Meet the Teachers Night

An ICT Information Night for parents will be held on **Tuesday 19 February 2019**. This event will take place in **The Nallejerring Performance Centre from 6:30pm** and is designed to provide an overview of the ICT tools that the students are already working with.

The Meet the Teachers night on **Wednesday 27 February 2019** is an opportunity for you to put faces to the names that you've been hearing about at home. This will also be a great opportunity to other Year 7 families. This event also begins at 6:30pm.

### Watermarc

This year students will be going to Watermarc on **Wednesday 13 February 2019** as part of their Transition Program. All details about this event are on Compass.

### Compass and Student Email

Email and Compass will be the main communication tool between students, teachers and parents. The Calendar on Compass will include important dates such as camps, school events and assessment tasks. Your child's class timetable is also visible on Compass. More information regarding the use of Compass will be provided at the ICT information night.

In 2019, students have not been provided with a school diary. They will be encouraged to use their computers, phones and other tech tools to organise their schedule. We do have a handful of hard copy diaries for students who we think might benefit from some old-school technology. Please help your child by regularly looking through their calendars and taking note of important dates and reminders.

### Lockers and Locks

All students have been provided with a locker and their own combination padlock. To avoid theft or damage to books and devices all lockers are to remain locked when not being accessed. Please be reminded that lockers are school property and students need to maintain them so that they can be handed over to the next year level in future years.

Students should not share their lock combinations with other students – we have a record of all combinations in the Junior School Office if they need assistance.



### Absences, Lateness and Leaving Early

If students are absent a parent needs to notify the school. This can be done on Compass through the parent portal, if you are not able to access Compass you can email Lestina Theodosis in the Junior School Office on [the@elthamhs.vic.edu.au](mailto:the@elthamhs.vic.edu.au) or phone 9430 5110. It is the student's responsibility to check Compass and/or make contact with their teacher when they are absent.

All absences need to be approved through Compass. Any long term absences need to be communicated directly with the student's co-ordinator.

It is expected that all students arrive at school promptly for their first class which starts at 8:50am. In the initial weeks of school allowing extra time to organise themselves and find out where they should be is really important so that they can be in class on time. Any student arriving after 8:50am must sign in at the General Office. If students need to leave early, a parent or guardian must provide written permission and collect their child from the General Office where they will sign them out.

### Bikes, Skateboards and Scooters

A reminder that students riding to school need to dismount and walk their wheels into the bike shed at the back of the hardcourts. No students is to be riding within school grounds before or after school.

### Laptops

It is expected that all students bring their computers fully charged at the beginning of each day. Laptops that were ordered in late January should be distributed to students in the coming weeks.

We've made a fantastic start to Year 7 this year with lots of smiles and happy students. We've been asking them about things that have been a plus, things that have been a minus and things that they've found interesting this week – you might want to do the same at home.

Please don't hesitate to contact us if you have any concerns or questions that we can help with. The forums over the coming weeks will be very helpful in giving you the information that you need, but don't feel that you need to wait until then if something needs attention earlier. I am looking forward to working with you all this year.

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**MELISSA HUGHES, Junior School Leader**

## MIDDLE SCHOOL

### Middle School News

A very warm welcome to our Year 8 and 9 students for 2019. Our Middle School team look forward to working with you throughout the year to ensure that 2019 is another productive year.

**Coordinators Middle School Coordinators for 2019 are shown below:**

8A, 8H, 9J and 9K - Jon Baly (**BAY**)

8B, 8G and 9G - Simon Maurdev (**MAU**)

8C, 9E and 9H - Natalie Tate (**TAT**)

8D, 9A and 9D - Nural Seker (**SEK**)

8E, 9F and 9K - Tracey Parker (**PAK**)

8J, 9B and 9C - Peter Seymour (**SEY**)

8F - Ross McKinnon (**MKI**)

### Drink Bottles

Given the temperatures experienced recently, students are encouraged to bring a drink bottle to school and take it to classes. This is much less disruptive than leaving class to get a drink.

### Lockers

Lockers have now been allocated. Students are reminded that they must use the combination lock that they were given at the start of Year 7. Replacement locks are available from the General Office (\$12.00). Any questions about this requirement should be directed to Mr Seymour in the Middle School Office. The contents of any lockers that were not emptied at the end of 2018 can be collected from the Middle School Office. Any uncollected belongings will be disposed of after **Friday 15 February**.

### Lost property

Each week the Middle School Office accumulates a significant amount of lost property. Any items that are named are promptly returned to their owners. Unnamed and uncollected items are eventually disposed of. Please name all your items (books, sports uniforms etc.).

### Camp dates

Students in Year 8 and 9 participate in a camp each year. To assist with forward planning, dates for these camps are provided below:

Year 8 Camps: Two day Surf Camp, Anglesea, during the week of March 18-22

Year 9 Camps: 9A, B, C, D & E May 6-8 (Program at school on May 9 and 10)

9F, G, H, J & K May 8-10 (Program at school on May 6 and 7)

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**ROSS MCKINNON, Middle School Leader**

## MUSIC

### Music lessons and rehearsals have commenced for 2019

Please ensure you check Compass for your scheduled lesson and rehearsal times. **Year 7 Students to start as of 25 February.**

Please see a list of the 2019 large ensemble rehearsal times listed below.

|                      |  |
|----------------------|--|
| Stage Band           | Monday 3.30-5.30pm in 111  |
| Senior Strings       | Monday 3.30-5.30pm in 700 Open Space   |
| Training Band        | Monday 3.30-4.45pm in 306 (commences 18/3/2019)                                    |
| Junior Strings       | Tuesday 7.30-8.45am in 306 (Students to arrive by 7.15am)<br>(commences 19/3/2019) |
| Concert Band         | Tuesday 3.30-5.30pm in 306   |
| Intermediate Band    | Wednesday 7.30-8.45am in 306 (Students to arrive by 7.15am)                        |
| Junior Jazz Band     | To be decided  |
| Symphonic Band       | Wednesday 3.30-5.30pm & Friday 3.30-4.45pm in 306                                  |
| Jazz Band            | Thursday 3.30-5.00pm in 306  |
| Intermediate Strings | Friday 7.30-8.45am in 306 (Students to arrive by 7.15am)                           |
| Choir                | Friday lunchtime in 904  |

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**RICK PLUMMER, Director of Music**

## DRAMA

Senior Drama will commence on **Thursday 7 February** from 3.30pm to 5.00pm

Junior Drama will commence on **Wednesday 13 February** from 3.30pm to 5.00pm

Scrambled Prince (1) will rehearse Tuesdays from 3.30pm to 7.00pm and Sundays from 9.00am to 12.00pm

Scrambled Prince (2) will rehearse Thursdays from 5.00pm to 7.30pm and Sundays from 1.00pm to 6.00pm

A reminder to all Scrambled Prince families that the 3rd instalment of \$300 for the Fringe Tour is due on Friday 8 February as well as the camp forms.

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**GEORGE FRANKLIN, Drama KLA Coordinator**

## SPORT

### House Sport Carnivals

Eltham High School will be holding two House Sport Carnivals during Term 1. Our **Swimming Carnival will take place at Aquarena, Doncaster Tuesday 19 February** and our **Athletics Carnival on Thursday 28 March at the Doncaster Athletics Track**. Both days are considered 'normal' school days and as such it is expected that all students attend. There is a strong history at Eltham High School of students dressing up in House Colours and a 'Best Dressed' competition is held at each event. Participation is not compulsory, and students can enter as many or as few events as they wish. The results are used to select the students who advance to the District Sports.

### Interschool Sport

Eltham High participates in the 'School Sport Victoria' Sporting Program. We enter teams into a 'Round Robin' competition with local schools in the Nillumbik District. Each section of the school can participate in one Round Robin each term. Different sports are offered in each term and successful teams advance to Region Finals. There is an associated cost for participating in the Inter-School Sports Program - \$10 per student. This helps contribute to the upkeep of Team Uniforms, Equipment and Transport. Payment and Permission is given through the Compass Portal and must be completed prior to the event in order for students to attend. Students can participate in one sport per term - Competitions are held on the same day.

Sports for Term 1 are as follows

**Year 11 and 12 :** Cricket, Baseball, Softball, Tennis, Volleyball, Basketball and Table Tennis

**Year 7:** Cricket, Baseball, Softball, Tennis and Volleyball

### Timetabled Sport – Year 7 and 8

Students in Year 7 and 8 participate in a Sport session once per week. Students compete in House based teams and play a range of sports throughout the term. Students are involved in the umpiring and scoring duties each week. We aim to provide students with a small taste of a variety of sports, many of which are offered in the Inter-School Sports Program. Participation is the main goal of these sessions and students are encouraged to experience a range of games. There is an expectation the students change into their PE uniforms for this session - we would greatly appreciate your assistance in ensuring PE uniforms are brought to school for both PE and Sport sessions.

For any questions regarding the Sports Program, please feel free to contact us at school.

### Physical Education Classes 2019

All students in Years 7 – 10 will be involved in Physical Education classes in 2019. It is important that students are actively engaged during these classes. As part of this all students are required to wear appropriate clothing for participating in physical activities.

#### Years 7 and 8

All Year 7 and 8 students are required to wear our Eltham High School Physical Education uniform in Physical Education and Sport classes. Students also need to wear appropriate footwear. Physical Education uniforms can be purchased at school (pay cashier).

COST:

- Polo \$38.00
- Shorts \$30.00
- Cap \$15.00

#### Year 7 Uniform Distribution

Polos that have been paid for will be given to students during PE classes in either Week 2 or Week 3. Shorts will not be available until early March due to manufacturing delays. In the interim Year 7 students will need to bring a change of shorts to PE and Sport classes.

#### Years 9, 10 and VCE

Students are required to bring a change of clothes for practical Physical Education classes, that is appropriate for participating in physical activity. Students need to wear suitable footwear.

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**ROB WHITELEY, PE/ Health KLA Coordinator**

## VOLLEYBALL

Dear Eltham High School Volleyball players and families,

I would like to start by expressing how excited I am to be at Eltham High School. I am looking forward to working with all athletes in improving Volleyball skills and ensuring everyone continues to enjoy being part of a positive and successful Program.

My own Volleyball experience is extensive, particularly with schools. I started as a player and then coach at Billanook College. Once I became a teacher I started the Volleyball Program at Maffra Secondary College. More recently I was Head of Volleyball at Yarra Valley Grammar. As such, I am prepared for the challenges that await in being Head of Volleyball at one of the biggest Programs in the state.

As our Program at Eltham has been so successful my intention is not to make many drastic changes. I am here to continue providing opportunities to play Volleyball at the highest level, and offer my own knowledge and perspectives on the sport. The process of selection and participation up to the Victorian Volleyball Schools Cup will remain the same. One change you will notice this year is that the Volleyball Victoria Membership will be included in our Program fees. Registration will be completed through the school. Therefore if any registration has already been completed please let me know. Registrations from 2018 will expire the end of March.

As I am sure you are all aware the Australian Volleyball Schools Cup will take place on the Gold Coast this year and likely for the next few years. This will impact the amount of teams we are able to take to the tournament. I have already begun the process of budgeting and making bookings for our involvement. The cost of participation will be around \$1500 for each athlete. As a community I am hoping we can find ways to build revenue that will assist families ease the financial burden.

In other news, during the break I attended a meeting with other major volleyballing schools and Volleyball Victoria. The meeting focused on the idea of running a southern states tournament (South Australia + Victoria). The meeting was very promising and the tournament looks as though it is likely to happen. After meeting with leadership the likely layout of the Program this year will be the 6 teams to participate in the AVSC on the Gold Coast, with all other teams playing in the Southern States tournament in Melbourne.

I am looking forward to meeting everyone. Please come and say hello when you have a chance. If you have any questions about Volleyball, from our School Program to State League and State Teams, come and have a chat. Talking Volleyball is my favourite topic of conversation.

See you on the court.

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**ANTHONY YOUNG, Volleyball Coordinator**

## STUDENT SERVICES

### Forged from Fire

Forged from Fire is a unique and important film documenting the transformation that took place among a small team of artisans in the wake of the Black Saturday fires.

Forged from Fire tells the story of how an Australian and international community of blacksmiths, welders, artists and volunteers responded to the devastating Black Saturday bush-fires by creating perhaps the most ambitious public artwork and memorial in Australia – A three tonne, 9.8-meter tall stainless steel and copper gum tree.

For more information, contact: Louise Heathcote: [hea@elthamhs.vic.edu.au](mailto:hea@elthamhs.vic.edu.au)

Tickets are **FREE** and available through Trybooking: <https://www.trybooking.com/ZZRO>

Follow this link to see trailer: <https://secessionfilms.com/project/forged-from-fire/>

### Help for Families in Need

Below is a list of resources available for families who are struggling financially, particularly in relation to purchasing textbooks and helping to cover some costs camps and excursions. If you have any questions in regards to the below information please contact myself on [hea@elthamhs.vic.edu.au](mailto:hea@elthamhs.vic.edu.au) or Lyn Davis on [dav@elthamhs.vic.edu.au](mailto:dav@elthamhs.vic.edu.au).

### Camps, Sports and Excursions Fund (CSEF)

**What can be provided:** Financial assistance for students to attend activities including school camps or trips, swimming and school sport programs, excursions and incursions. \$125 per year for primary or \$225 per year for secondary school students.

**Eligibility:** Families must have a child attending a Victorian Government primary or secondary school and must hold a Centrelink Concession Card.

**How to apply:** Schools only can apply on behalf of families and payments are made directly to the school.

**Contact:** Apply directly through schools.

### North of the Yarra School Booksellers

**What can be provided:** Second hand textbooks

**Eligibility:** No eligibility criteria. All welcome.

**Contact:** 52-56 Strathallan Road, Macleod, Victoria

**Phone:** (03) 9458 4749, Monday – Friday 9:00am – 5:00pm, Sat 9:00am – 12:00pm

### Student Pass/PTV

**What can be provided:** A PTV Student pass is \$310 half year or \$594 whole year for unlimited travel on all train, tram and bus services within chosen zones

**Eligibility:** Full time Victorian primary or secondary students




**How to Apply:** Download the application form from <https://www.ptv.vic.gov.au/tickets/fares/concession/school-students/> and submit at any major Metropolitan Train Stations

**Contact:** 1800 800 007 or <https://www.ptv.vic.gov.au>

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**LOUISE HEATHCOTE, Student Services Leader**

# Community Announcements

| Canteen Summer Menu Prices   |        |  |  |                                 |   |                                 |         |         |
|--|--------|--|--|---------------------------------|---|---------------------------------|---------|---------|
| Hot Food   |        | Cool Stuff   |  | Cool Stuff                      |   | Sandwiches and Wraps            |         |         |
| Pin Wheel  | \$1.00 | Fresh Fruit (Piece)  | \$1.00                                   | Sushi Roll (2)                  | \$6.00  | Ham & Cheese Sandwich           | \$3.50  |         |
| Hash Browns (V)  | \$1.00 | Watermelon Slice   | \$0.50                                   | Rice Paper Rolls (2)            | \$6.00  | Egg & Lettuce Sandwich          | \$4.50  |         |
| Sweet Muffin   | \$2.00 | Dip & Crackers (V)   | \$3.00                                   | Salad Bowl                      | \$5.00  | Falafel Wrap (V)                | \$5.50  |         |
| Dim Sims (2)   | \$2.00 | Chia Pudding (V)   | \$4.00                                   | Yoghurt & Muesli Cups           | \$3.50  | Roast Veggie Sandwich (V)       | \$5.50  |         |
| Vegemite Cheese Scroll   | \$3.00 | <b>Weekly Lunch Specials</b>   |  |                                 |   | Chickpea & Avocado Bagel (V)    | \$5.50  |         |
| Cheese & Bacon Roll  | \$3.00 |  |  |                                 |   | Chilli Chicken Wrap             |         | \$5.50  |
| Ham & Cheese Toastie   | \$3.50 | <b>Monday</b>  | Sticky Chicken Wings (3)                 | \$4.50                          | Tandoori Chicken Wraps  | \$5.50                          |         |         |
| Tomato & Cheese Toastie  | \$3.50 |  | Corn on the Cob with Butter              | \$2.00                          | Peri Peri Chicken Baguette  | \$5.50                          |         |         |
| Egg Muffin & Relish  | \$3.50 | <b>Tuesday</b>   | Chicken Parmigana Roll                   | \$6.00                          | Turkey & Swiss Cheese Bagel   | \$5.50                          |         |         |
| Bacon Egg Muffin & Relish  | \$4.00 |  | Mushroom Parmigana Roll                  | \$6.00                          | BLT   | \$5.50                          |         |         |
| Sausage Roll   | \$3.50 | <b>Wednesday</b>   | Lamb Souvlaki                            | \$6.00                          |  |                                 |         |         |
| Spinach & Ricotta Roll   | \$3.50 |  | Eggplant Souvlaki                        | \$6.00                          |   |                                 |         |         |
| Meat Pie   | \$4.50 | <b>Thursday</b>  | Sushi (Tuna, Veg, Chicken, Salmon, Crab) | \$6.00                          |   |                                 |         |         |
| Shepherd's Pie   | \$5.00 |  | Rice Paper Rolls (Chicken & Veg)         | \$6.00                          |   |                                 |         |         |
| Potato Wedges (V)  | \$4.00 | <b>Friday</b>  | Beef, Chicken or Veggie Burgers          | \$6.00                          | Hot Chocolate   | \$ 2.00                         |         |         |
| Potato Wedges & Sour Cream   | \$5.00 |  |  |                                 |   | Hot Tea & Coffee                | \$ 2.00 |         |
| Vegan Pasta (V)  | \$4.00 |  |  |                                 |   | Full Cream Milk & Soy available |         |         |
| Napoli Pasta   | \$4.50 |  |  |                                 |   | Cereal Box                      |         | \$ 2.50 |
| Pasta Bake   | \$5.00 |  |  |                                 |   | <b>Sweet Things</b>             |         |         |
|  |        | Blitz Balls  | \$2.00                                   | Coffee Scroll                   | \$3.50  | Caramel Slice                   | \$3.50  |         |
|  |        | Custard Tart   | \$3.50                                   | Strawberry & Chocolate Doughnut | \$3.50  | Hedgehog Slice                  | \$3.50  |         |
|  |        | Hot Jam Doughnut   | \$3.50                                   |                                 |   | Apple Cake                      | \$3.50  |         |

Please be advice that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies

Canteen is opened everyday at 8:45am for student and staff to place lunch orders for Recess or Lunch

(V) Vegan

# Community Announcements



Are you...

- \* An animal lover?
- \* Interested in farming, gardening & getting outdoors?
- \* Considering a future course or career with animals?
- \* In Years 7 - 9 at school?

**If you answered YES to all of these then PATCH sounds right for you!**

PATCH: Farming and Environment Workshops run once a term at Bundoora Park Farm and include activities such as feeding animals, seasonal planting and harvesting, visits to our wildlife reserve, working on farm projects and much more. It is a drop off, pick up program and is fully supervised by our experienced program leaders.

The first workshop for 2019 starts on **Sunday 3rd March, 10am - 3pm**

Go to: [bundoorapark.com.au](http://bundoorapark.com.au) for more info!

## 2019 WORKSHOP DATES

Term 1: Sunday 3rd March

Term 3: Sunday 18th August

Term 2: Sunday 26th May

Term 4: Sunday 17th November



## WORKSHOP COST & BOOKINGS

\$50.00 per participant (10am - 3pm)

Book online: [bundoorapark.com.au](http://bundoorapark.com.au)

Bookings are essential

T: (03) 8470 8164

E: [bundoorapark.educationteamleader@darebin.vic.gov.au](mailto:bundoorapark.educationteamleader@darebin.vic.gov.au)

# Community Announcements



## Fostering Realistic Hope 2 day Workshop

For Carer Families/Partners Supporting a Family  
Member with Complex PTSD  
(Borderline Personality Disorder)

### A supportive group process with a therapeutic focus

*The workshops will aim to:*

- Invite participants to share and respond to stories of living with CPTSD (BPD) and the effects it has on their lives & relationships
- Explore-evaluate participants' and professional knowledge and practices that foster realistic ways to support relationships and promote initiatives that work with the effects of BPD on families.

*What we hope you will take away*

Through the experience of practices such as *Relational Mindfulness, Outsider Witnessing, Restarting Reflection/Re-Storying the Conversation, Acknowledgment & Validation and Relational Limit Setting*, we develop skilful means to:

- Better understand the effects of Complex PTSD on families' lives through the sharing of experiences and knowledge
- Identify and resource our own coping initiatives that have made a difference
- Mindfully notice habitual and unhelpful relational-interactional patterns that we often become stuck in
- Foster a mindful space for reflection and realistic action

#### *Facilitator*

**Peter McKenzie** (PhD, MA ClinFamTher) is an anthropologist, clinical family therapist and academic. He currently holds the Carer Academic (mental health) position and is a family practice consultant in the mental health program at The Bouverie Centre, School of Psychology and Public Health, La Trobe University. He has been working in the area of families and CPTSD (BPD) for over 17 years, both clinically and as a trainer and advocate.

**Thursday 28<sup>th</sup> & Friday 29<sup>th</sup> March 2018**

@ The Bouverie Centre, 8 Gardiner St, Brunswick, Vic

To register contact **The Bouverie Centre** on **93855100**

For further information: [www.bouverie.org.au](http://www.bouverie.org.au) or contact the Centre